



"Education is not the filling of a pail, but the lighting of a fire."

- William Butler Yeats s we reach the culmination of yet another academic journey, it is with a mixture of pride and nostalgia that we present the final edition of our school newsletter. Much akin to the Roman deity Janus, who embodies duality with two faces gazing upon the past and the future, we find ourselves standing on the precipice of change. Here, we not only reflect on our past achievements but also eagerly anticipate the dawn of new beginnings.

The Lawrencian has always served as a window into the vibrant life of our school community, showcasing the achievements, growth, and spirit that define us. Janus was typically invoked at the beginning of important events, such as weddings, military campaigns, and the start of the new year. Offerings and sacrifices were made to Janus to seek his blessings for a successful transition or new beginning. In Roman mythology, Janus reigns supreme as the deity of beginnings and endings, presiding over the delicate balance between past and future, peace and conflict, and the journey from youth to maturity. It is fitting that January, the harbinger of new beginnings, pays homage to this timeless deity.

With each turn of the page in The Lawrencian, we not only celebrate our collective achievements but also honor the spirit of growth and resilience that permeates our community. As we bid adieu to the familiar and embrace the unknown, let us carry forth the invaluable lessons and memories garnered along this journey.

Just as Janus symbolizes transitions and doorways, our school community has gracefully traversed numerous transformative phases over

Headmaster's Message



the course of the year. Over the past year, we have witnessed marvellous growth and accomplishments in various aspects of the school community. From academic achievements to extracurricular successes, from individual milestones to spearheading community engagement initiatives, every success stands as a testament to the unwavering dedication and effort of both our students and staff.

Academically, our students have excelled in various subjects, demonstrating their intellectual curiosity, critical thinking skills, and passion for learning. Whether it's in the classroom, during competitions, or through research projects, our students have consistently shown a commitment to excellence that is truly worthy of commendation.

Beyond academics, our school has also shone brightly in extracurricular activities, sports, and the arts. From winning championships on the sports field to showcasing their talents on stage, our students have demonstrated their creativity, teamwork, and determination in diverse areas.

However, our achievements extend beyond individual laurels. They are a reflection of the supportive and nurturing environment that our school community provides. Our teachers, administrators, and support staff have played a pivotal role in guiding, inspiring, and mentoring our students, helping them realize their full potential and become well-rounded pupils.

In the spirit of Janus, the guardian of temporal transitions and the arbiter between bygone eras and the promise of tomorrow, let us wholeheartedly embrace the invaluable lessons gleaned and cherished memories forged during our collective journey. As we bid adieu to the past year and prepare to embark on new adventures, let us carry forward the values, friendships, and experiences that have shaped us into the individuals and community we are today. With unwavering optimism, resilience, and a steadfast resolve mirroring Janus's unwavering gaze, let us peer into the horizon of the future. In doing so, let us eagerly embrace the manifold opportunities and daunting challenges that await, recognizing each new endeavour as a fertile ground for personal and communal growth. As we teeter on the cusp of a fresh academic cycle, let our strides be guided by purpose and anticipation, as we remain poised to seize the transitions and prospects that unfurl before us. Amidst the dawn of new adventures and challenges in the days ahead, let us remember that we are forever united by the memories and experiences we have shared at our beloved school.

This time of the year can be stressful as we approach the season of board examinations and final assessments, but it's also a time for you to showcase all the hard work and dedication you have put into your studies. Your journey thus far has been marked by remarkable resilience and unwavering determination, qualities that will undoubtedly carry you through these exams with flying colours. It's essential to recognize that these exams are just one facet of your educational voyage. Your true potential goes far beyond a test score. Remain steadfast in your focus, maintain a positive mindset, and give it your all.

As we draw the curtains on this edition of our newsletter, I would like to express my heartfelt gratitude to everyone who has contributed to the publication of this newsletter. Like Janus, who presides over transitions and the passage of time, your contributions have illuminated the pages of our publication, bridging the past with the promise of the future. Looking ahead, we eagerly anticipate the opportunity to share more exciting news and updates with you in the forthcoming editions. May each page turn be met with delight and each article enrich your reading experience, much like Janus guiding us through the threshold of ever-evolving narratives. With the spirit of Janus as our guiding light, we bid you farewell for now, knowing that our journey together continues to unfold with each passing moment.

have shaped our school community in profound ways.

To our students, I want to commend every one of you for your dedication, hard work, and enthusiasm throughout the year. Your curiosity, creativity, and perseverance have been the driving force behind our success, both inside and outside the classroom. As you reflect on your accomplishments, remember that your potential knows no bounds, and I encourage you to continue pursuing your passions with unwavering determination. excellence, innovation, and student success. Your passion for teaching, tireless dedication, and willingness to go above and beyond have truly made a difference in the lives of our students.

As we come to the close of another academic session, I am filled with immense pride and gratitude for all that we have achieved together. It has been a year of growth, learning, and unforgettable moments that I extend my heartfelt appreciation to our parents for their unwavering support, trust, and partnership in their children's education. Your involvement and encouragement have been invaluable in nurturing a positive and enriching learning environment for our students.

To our exceptional team of educators and staff, I extend my deepest gratitude for your unwavering commitment to academic As we bid farewell to this academic year, let us cherish the memories we have created, the friendships we have forged, and the lessons we have learned. Let us approach the future with optimism, resilience, and a renewed sense of purpose, knowing that together, there is nothing we cannot achieve.

I wish you all a restful and rejuvenating break, filled with joy, laughter, and moments of reflection. May the bonds we have formed and the knowledge we have gained continue to inspire us in the days and years ahead.

Mr. Thomas George: A Seasoned Educator Assumes Leadership in the Junior School

Mr. Thomas George, a stalwart in the realm of education, steps into the role of Master in Charge of the Junior School with an impressive background as an English teacher. His appointment brings a wealth of experience and dedication to the Lawrence School Lovedale community.

With a remarkable tenure spanning 27 years at Lawrence School Lovedale, Mr. George has left an indelible mark on generations of students through his passion for teaching English. His journey reflects a commitment to

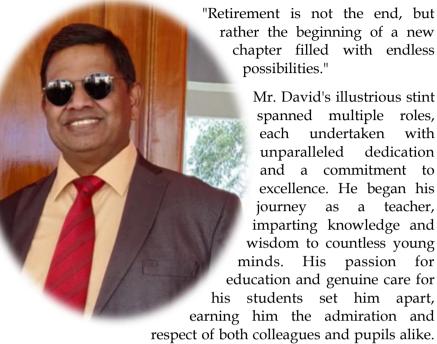
excellence and a tireless pursuit of nurturing young minds.

Mr. George is renowned for his unwavering dedication, often going above and beyond the call of duty to ensure his students receive the best education possible. His classroom is a sanctuary where students not only learn the intricacies of the English language but also imbibe invaluable life lessons.

As he embarks on this new chapter as the Master in Charge of the Junior School, Mr. George carries with him a wealth of knowledge and a vision to inspire and guide the next generation of learners. His leadership promises to uphold the values of integrity, empathy, and academic rigor that define Lawrence School Lovedale.

As a community, we extend our heartfelt wishes to Mr. Thomas George as he assumes his new role. With his guidance and mentorship, we are confident that the Junior School will flourish, fostering a nurturing environment where every child can thrive academically and personally.

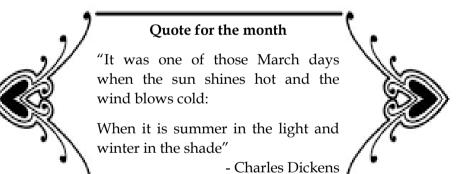
Legacy of Dedication: A Tribute to Mr David's Journey



Beyond the classroom, Mr. David assumed various roles of House Master, HOD of the Department of Social Studies, Master In Charge of Junior School, and officiating bursar.

Throughout his tenure, Mr. David's unwavering commitment to the betterment of the school and its students has left an indelible mark on our community.

Wishing him a rewarding and peaceful retirement life







The upgraded and renovated Senior School Computer Lab was inaugurated by the Headmaster on 11th January 2024. The momentous occasion of the ribbon-cutting ceremony symbolized the official opening of the lab a new chapter in the school's commitment to fostering technological education.

The lab is equipped with 35 higher configuration HP Desktops which were donated by Mr. M. A. Alagappan, an

alumnus of the batch of 1959 Sumeru, and Mr. Chakravarthi Karuturi (Chakra), from the batch of 1962 Sumeru, who made their presence virtually during the inauguration. The computer lab underwent a comprehensive renovation transforming it into a modern and functional space. The outdated infrastructure was upgraded with new flooring, ergonomic furniture, and enhanced lighting to create a conducive learning environment. Overall, the renovation has revitalized the computer room, aligning it with contemporary standards and providing students with an inspiring setting for technological exploration.

The School acknowledges and appreciates its proud alumni for their generous donations. Their contribution has significantly enhanced the learning environment, allowing the Lawrencians to develop digital skills.

The School Bids Adieu to the Batch of 2024



"Your time as a caterpillar has expired. Your wings are ready to soar into the open sky and experience the colourful world beyond."

As customary, The Lawrence School, Lovedale bid a fond farewell to the outgoing batch of 2023-24 on 26th January 2024. The evening was a fiesta devoted to the years spent together with friends and teachers, to reminisce joyous moments.

The ceremony commenced with students singing the school song 'Sabse Sundar' followed by the speeches of the Head Girl and Head Boy, who as always brought tears to everyone's eyes with their heart-touching messages. They expressed their heartfelt gratitude to this great institution for being instrumental in shaping their personalities and providing them with stellar opportunities. The pupils were felicitated by the teachers and were awarded blazers and colours for their remarkable contribution and excellence in various fields. Mr. Joseph John, an alumnus of the School from the batch of 1979, declared Master V.K. Sanjith Kumar as the best football player and felicitated him with the trophy of the Joseph Mathew Memorial Best Footballer of the year Award.

The ceremony concluded with the Headmaster's address, who commended the seniors for smoothly taking on responsibilities and setting a remarkable example for their juniors despite the situation around them. He urged them to look upon this event as a celebration of their years at their Alma Mater and gave them helpful advice on how to juggle the expectations of their family and society with their aspirations. He concluded by wishing them happiness and success in all future endeavours and inspiring them to leave an indelible mark on society and make the school proud.

All students and staff relished the farewell buffet as the day came to an emotional close.



The Lawrence School, Lovedale Celebrates 75 Republic Day



The morning mist and the bugle sound emanated from the beautiful Lovedale, auguring the dawn of the 75th Republic Day. Lawrencians were all set to unleash the triumphant tricolour into the dewy morning air, reaffirmation of our resolve to keep moving forward.

The proceedings started with a Guard of Honour inspected by the Chief Guest Brigadier Sunil Kumar Yadav, an alumnus of the Rashtriya Military School, 1988 batch who is the Commandant of the prestigious Madras Regimental Centre, (MRC), Wellington. The ceremony was graced by the esteemed presence of other dignitaries as well. The guard of honour served as a fitting tribute to the chief guest and the guests, highlighting the honour and respect accorded to their presence.

The Republic Day Celebrations included the unfurling of the National Flag, the singing of patriotic song by the school choir and speeches by students highlighting the significance of Republic Day. In his address, the Headmaster, , welcomed the Chief guest Brigadier Sunil Kumar Yadav and the special guests to the celebrations and emphasised the importance of unity, equality and justice in building a strong nation.

The chief guest delved into the significance of Republic Day and its relevance in today's context. He highlighted the role of students in shaping the future of our nation and urged the students to be focused and disciplined by recalling his school days. He congratulated the students on the Grand Guard of honour and commended the efforts of the students and the staff in grandly organising the event.

The celebrations came to a close by the vote of thanks proposed by the Deputy Headmaster.

Farwell Speech by Head Boy - Arjun Devanand Sharan



Respected Headmaster, Deputy Headmaster, teachers, fellow Lawrencians, and for one last time, the cherished group of peers who have also become my second family - the remarkable batch of 24, a very good evening to all.

Can we just take a moment to soak in the legacy of 165 years, the vast beauty of 750 acres, the camaraderie of 850 present souls, and the storied history of all its alumni? Now, when it comes to Lawrence, what's the real deal? Is it the picturesque Lovedale scenery, the diverse faces shaping our daily narrative, or perhaps the resonance of shared emotions in these echoing halls? Is it an intangible thread binding us through thick and thin, or the contagious passion we carry everywhere we go? Maybe it's the comforting familiarity of home, or just that enduring bond we've crafted within the timeless embrace of these historic bricks and walls. Ladies and gentlemen, that profound connection, the culmination of 165 years of collective tales, is what we formally, yet affectionately, term Lawrencia – a sanctuary of shared emotions, a salute to enduring passion, and a testament to the unyielding spirit that unites us all.

The farewell assembly is today. Can you believe it, an entire grade is leaving? I can't imagine what that's like - year after year, we whispered these same words with awe as we watched our seniors receive their scarves and blazers, delivered these very speeches, hugged their friends and juniors, and stepped out of the large hall aisle for the last time. That those seniors would once be us seemed inevitable yet fundamentally impossible. But look around, we are going to receive those very scarves and blazers, our friends are sitting there - those boards all around say Class of 2024. This moment is ours.

Wasn't it just five minutes ago that we were waiting for our long-awaited batch hoodies to be delivered, wondering when grade 11 would dare to take over our joints? We have played memorable truth or dare with each other during our OBL trips, fought with each other in every corner of junior school, received our memorable nicknames from SD sir, had Wi-Fi issues during online classes, and fulfilled the right of passage, that is, always being late for English class.

From dreaming about what senior school would look like, to realizing there is no school above to discover. From the first time we met each other in prep school, to the first time we fought with each other in junior school. From the first time we sang the old school song a decade ago in prep school, to the last one we will sing here today.

From scribbling on our hands to accepting our graduation certificates, today

underestimated the impact you have had on us. It is now that I am growing aware of how instrumental my prep school and junior school teachers were in inculcating in me the values integral to my principles today.

How can I forget the teachers of the senior school who nudged me towards finding my passions and braced me towards entering the outside world? You allowed us to fall and scrape our knees and ensured you were there to help us get back up stronger. From holding us tightly for our shortcomings in classes to finally letting go of us today. We will never forget you or stop being grateful to you for the indelible mark you have left on us.

To the staff, support staff, coaches, security, medical team, annas, IT, and transport team, thank you for smiling and greeting us every time you saw us. Your wishes of good luck before every exam made all the difference. You have taught us so much about the kind of human beings we should be. You make it possible for the school to be what it is.

To our parents, thank you for making sacrifices for us with smiles on your faces. We will never be fully able to fully express the immense gratitude we have towards you. We may be starting a new chapter in life but we will always need you.

As we batch mates part ways with our board exams, we simultaneously break down in each other's arms, swearing to never leave one another. That is the beauty of the paradox we face today. Whether we have spent 9, 6, 4, or 2 years here, how do we say goodbye to the home that has fundamentally made us who we are? To the place that forms the first lines of our introduction for ourselves, to our childhood. Will our bonds remain strong? Are we ready? But simultaneously coexisting with all our insecurities, with all our fears, all the uncertainties and all the unanswerable questions, the following resolutely remains true for each one of us. It is time, we need to move forward, we are ready.

What felt like struggling to hold onto memories, slipping through our fingers feels different now. We are not losing our bonds? We are not losing a home. We are simply making room for our lives to intersect with those of more people to find more places to call home. That one day will grow as special to us as this one.

It's scary, yes. But so was walking into this school for the first time. In this moment think about your favourite outcomes at your time in school, perhaps a friend you can't imagine your life without perhaps a piece of advice someone gave your passion that shaped who you are, an argument that changed you for the better. Keep those people, those defining moments close.

We may be in different parts of the world but those moments are ones to treasure forever. Now it is time for us to embrace the world beyond the gates, find new facets to our identities, experiment, discover and find unexpected passions and expand our dreams in unanticipated ways.

Now before I conclude I would like to tell you a short story about my life here in school. I started off in prep school through the corridors of fear. Feared to be judged, feared to try, fear to speak. Even once I was afraid to stand in front of my own peers in a class and read out the text. But those moments are the ones that truly shaped the person that I am today. If it is possible for me to speak effortlessly now it is because that I have failed countless times.

Being a part of the 120 unforgettable people that formed this family has been an honour of a lifetime. The unity that characterizes our batch is truly moving. Be it collectively bunking classes or jointly celebrating every achievement of our batchmates. It will be difficult to adjust to a life where we don't see each other every day, where our best friends aren't right across the social area. But it's the unity that our batch has shown through thick and thin that makes me confident no matter where we are, we will always have each other to come back to. Saartak and Harshit, this is your sign to start planning our reunion.

we walked into our beloved large hall as students of the Lawrence School Lovedale, and we are going to walk out as alumni.

Rao Sir, it is your vision that has shaped this institution into one that is so dear to us. That we are torn between our desires to stay here forever and take flight into the world.

It is here that we have formed the strongest of friendships, loved together, cried together, laughed together, and lost together. It is here we have equipped with the skills of empathy, compassion, honesty, resilience, and determination, sure to carry us far in life. I take this opportunity to express my heartfelt gratitude to those who empowered us to make a difference within and beyond the school. Our heads, your faith in our initiatives, the accommodations you made to support our dreams come true, and tolerance truly meant the world to us.

Next, I would like to thank our beloved teachers of prep school, who taught us to spell our names correctly, then stood by us as we found our identities. We so often take for granted the time that we had with you and In this large hall, I see individuals with the drive and power to change the world. Each person here is an inspiration, and I cannot wait to witness you conquer the world. Ask yourself, "What could I be?" Are we ready for the challenges ahead? In the immortal words of Ralph Waldo Emerson, "Do not go where the path may lead, go instead where there is no path and leave a trail." As we embark on our journeys, let us leave trails of resilience, kindness, and achievement. Class of 2024, it has been an incredible journey, and now, it's time for us to step into the world and make our mark. Thank you, and may our paths cross again on this remarkable journey called life.

Farwell Speech by Head Girl - Diya Jaiswal



A very good evening to the respected Headmaster, Deputy Headmaster, Teachers and fellow Lawrencians.

It is said that each choice that we make engraves a path for us, ultimately leading us to a certain destination. And making these choices is not easy; it comes along with a lot of "what-ifs" and anticipation. When I stand here and think of the toughest decisions that my parents and I took, I am reminded of Robert Frost's-" Two roads diverged in a wood, and I took the one less traveled by". I realise now that the decision to come to a boarding school has made a difference in my life and made me what I am today. Having said that, I would like to thank my family and all the decisions that they have made, that helped me reach where I am today, right now, at this very moment.

The first time I spoke in the Senior School large hall was when I was in the 7th grade. I had a very insignificant role to play back then but I remember loving the attention and the way the large hall looked from above here. People say that time flies and this is probably the last time I will be standing behind this podium, the last time I feel the heat of these lights and the last time I hear my voice echo through these walls.

All of us sitting in this room have had people who believed in us, people who tried to answer questions that had no answers, told us the truth even when it was hard to hear and told us that we could do it even when there was absolutely no proof of that. To all of those people, no number of words is enough to express the amount of gratitude I feel.

"Hold on to the memories, they will hold on to you." It's hard not to get nostalgic when I think of this whole situation. I was nine years old when I left my home and family, everything that I had ever known. And now I'm seventeen years old and I once again feel every ounce of emotion that I felt all those years ago.

I grew up here, on this beautiful campus and I learnt a lot of things. But what I find the most important is something which is often deemed as unfortunate or sad. All the times when you have been denied and all the times when you have tried but failed, tell you that life is never going to be like how you plan it in your head. And this is probably why it might seem sad. But what you and I often fail to look at and realise, is that there is always something better waiting. That's the weird thing about this universe, you ask for one thing but you get something else, which more often than not gives you more happiness than what you wished for yourself.

This morning I wore my Prefect's suit for the last time and as I put on each piece of clothing, I couldn't help but think back and reminisce. Throughout this year, I would constantly remind myself that some of the things that I would do were things I would be doing for the last time. But what I fail to understand now, is the heavy feeling in my heart and the choking nostalgia that I feel. No amount of preparation is enough to say goodbye to a place like Lovedale and the people in Lovedale.

To the Headmaster, Deputy Headmaster, SG ma'am, SNG ma'am and Preslin ma'am, you have helped me become the person I am today. My mother left me in this institution knowing very little of how it would transform me and your guidance and support helped me achieve things that I once believed were impossible. But allow me to make a small request. When you see me next, whether that's in a year or ten, I hope the headmaster still gives me a fistbump and asks me if all's well. I hope the deputy headmaster still calls me his daughter. I hope Sg ma'am still updates me with all her travel adventures. I hope Sng ma'am still advises me and I hope Preslin ma'am still silly dances with me.

I would also like to express my heartfelt gratitude to all the academic staff, the Deans, the Hospital staff, and the entire support staff community for all the help and guidance that I have received, without which my journey in Lovedale would be incomplete.

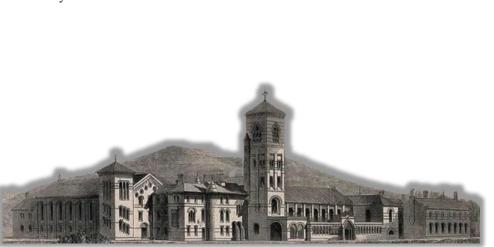
To all my friends, where do I begin and where do I end? All of you have seen me during my worst and best and have been with me through the good and bad. Not living with you and seeing you every day will be extremely hard. For nine years, I lived in the comfort of knowing that after every vacation, I would see all of you and we would get to spend the next few months together, and this cycle would go on. But now, how do I tell myself that these are the last few months we have together where we can go on a walk after every meal, analyze pointless information, and stay up for long hours and still not get any work done? I don't think there has been one day where I have not laughed and this is because of all of you. You make me happy and I have no idea what I did to deserve it. There are so many words and yet, not one compares to how grateful I am for every single one of you.

People pass through our lives, some of them fade into memories but a few become a part of who we are. As I near the end of this journey and brace myself for the goodbye, I would like to say that this place and the memories that resonate with it are something I could never forget. And to every person who made this possible, I am forever indebted to you.

Though our paths might diverge, the memories we have shared will forever bind us. Farewell, dear Lawrencians, as we embark on new journeys with gratitude in our hearts and hope in our souls, let our spirits soar as we embrace new challenges and opportunities on our journey ahead. Never give in.

However, going back to what I said at the very start, it's your decisions and choices. So are you going to make the most use of what you have been given or are you going to let the "what ifs" haunt you? What if you don't fail this time, what if it gets better, and what if someone tells you that in a few months your life will completely change and the faces that are now a constant part of your day will soon become faces you only see on your phone's screen?

Thank you.



The Lawrence School, Lovedale Secures Runner-Up Position in Nilgiris District Chess Championship



The Lawrence School, Lovedale demonstrated exceptional prowess in the Nilgiris District Chess Championship held at C.F.W.R.C Club, Aruvankadu on March 2nd and 3rd 2024. Competing fiercely in various categories, the school's talented chess players showcased their strategic skills and dedication, ultimately securing notable positions in the tournament.

Under-17 (Girls) Category:

First Position- Kamalini Ramesh, Class 12 C (NIL), exhibited remarkable strategic acumen and determination, clinching the first position in the fiercely contested Under-17 Girls category.

Under-15 (Boys) Category:

Second Position- Priyanshu H S, Class 8 A (VIN), demonstrated exceptional talent and resilience, securing the prestigious second position in the

Under-15 Boys category:

Third Position- Krisshav Varshan, Class 8 B (VIN), showcased remarkable skills and determination, earning the commendable third position in the highly competitive

Under-15 Boys category:

The outstanding performances of Kamalini Ramesh, Priyanshu H S, and Krisshav Varshan reflect the dedication, perseverance, and strategic brilliance fostered by The Lawrence School, Lovedale. Their achievements not only bring pride to the school but also inspire fellow students to excel in their pursuits

A Report on the Prep School Inter-House English Prepared Speech Competition

The English Prepared Speech competition was held on Monday, 11th March in the Prep School Large Hall at 2:30 pm. 16 participants delivered heartfelt speeches on the topic, "The Person Who Inspired Me the Most." The competition was graced by the presence of two student judges Ms. Diya Jaiswal and Ms. Tia Elizabeth, whose thoughtful evaluations added depth to the proceedings. Additionally, Mr. Gijo Joseph the Head of the Department of English, lent his expertise as the third judge, providing valuable feedback and encouragement to all participants. Each speech offered a unique perspective on the topic, showcasing personal achievements, heartfelt tributes, and profound reflections on the individuals who have served as a source of inspiration.

Following the conclusion of the speeches, the Deputy Headmaster commended the ambience of the event and acknowledged the commendable efforts put forth by all participants. Every participant was applauded for their courage, creativity, and sincerity in sharing their stories. His words of encouragement resonated with the audience, reinforcing the importance of recognizing and celebrating the influence of inspirational figures in our lives. The results of the competition were announced. The audience, comprising the Class V students and the Prep School Staff thoroughly enjoyed the program.



Results

Individual Position:

Shivanshi Pratibha Poddar, 5B, Nilgiri - 111 Points - I
Aadya Rao Pothuraju, 5B, Vindhya - 107.5 Points - II
A.R.B.Mithran Sai Madhavaa, 5A, Aravalli - 104.5 Points - III

House Position:

1. Vindhya	- 402.5	Points	- I
2. Aravalli	- 390	Points	- II
3. Nilgiri and Sumeru	- 377	Points	- III

POCSO Awareness Sessions for the Support Staff Members



In a proactive measure aimed at enhancing the safety of children against sexual abuse, a series of three POCSO (Protection of Children from Sexual Offences) awareness sessions were recently organized for support staff members. These sessions focused on equipping attendees with crucial knowledge and skills to effectively recognize, prevent, and report incidents of child sexual abuse.

The first session, held on March 2nd, 2024, was led by Ms. Anita Prabu, the MIC of Preparatory School, and Ms. Merlyn M Fernandes, the Counsellor. With twenty-eight support staff members in attendance, this session laid the foundation for the subsequent sessions.

Continuing the initiative, the second session was organised on March 9th, 2024, led by Mr. Saravanan, the Tamil Teacher, along with Ms. Merlyn. This session saw the participation of thirty-seven support staff members, further expanding the reach of awareness and understanding. Concluding the series, the third session was conducted on March 15th, 2024 by the Legal Assistant Ms. Nancy C and Ms. Merlyn. With a turnout of forty-eight support staff members, this session provided comprehensive insights into legal aspects and further reinforced the importance of safeguarding children from sexual abuse.

Class 9A Students Celebrate International Women's Day with Street Play on Women's Empowerment



On March 8th, 2024, the class 9A students performed an engaging and thought-provoking street play titled "Sthree" (The Woman) to mark International Women's Day. This class activity aimed to depict various scenarios highlighting the challenges faced by women in society and emphasized the importance of empowering women to create a more inclusive and equitable world.

The play was performed in the "Echoing Greens" (The Centre Courtyard in Senior School) during the tea break, and students from classes IX, X, XI and XII gathered to watch the street play, fostering a sense of unity and collective responsibility in promoting gender equality. Through powerful dialogues and compelling performances, the students advocated for positive social change by challenging outdated norms and promoting a culture of respect, equality, and inclusivity.

The street play left a lasting impression on the school community, sparking meaningful discussions and reflections on the importance of women's empowerment and gender equality. Students and staff alike appreciated the 9A students for addressing such pertinent issues through the medium of drama.

Lawrence School Lovedale Students Shine at the 43rd Chidambaram Natyanjali

The students of The Lawrence School, Lovedale performed Bharatanatyam at the 43rd Chidambaram Natyanjali, held at the prestigious Rajah Sir Annamalai Chettiar Trust premises. Our students showcased their talents in Bharatanatyam on March 12th, Tuesday, at 6:55 PM, captivating the audience with their impeccable skills and emotive expressions.



The Chidambaram Natyanjali is an internationally renowned dance festival that celebrates the rich cultural heritage and spiritual significance of Indian classical dance, particularly Bharatanatyam. It serves as a platform for artists worldwide to pay homage to Lord Nataraja, the deity of dance, while promoting cross-cultural exchange and appreciation of diverse dance forms.

Nirupama S, Navtara B, Neha Y, Sreeparvathy, Muthalagu R, and Riya V represented Lawrence School Lovedale with grace and precision. Their performance was met with resounding success and admiration, reflecting the excellence of our school's dance program.

Of Reports and Reporting !

Celebrating Science Day: The Lawrence School and NIT Calicut Collaboration



On February 24, 2024, The Lawrence School, in collaboration with the National Institute of Technology (NIT) Calicut, commemorated National Science Day, which falls on February 28th annually. The aim was not only to mark this significant day but also to instil a scientific temperament among the students through a series of enlightening activities.

The highlight of the event was a seminar themed "Modern Science and Real-Life Applications," featuring talks by five eminent scientists from NIT Calicut. Each speaker delved into diverse areas of science, shedding light on their real-world implications and applications.

1. Dr. Ravi Varma (HOD of Physics, NIT Calicut) - Topic: Physics in Everyday Life and Climate Change

Dr. Ravi Varma elucidated the role of physics in everyday phenomena and its impact on climate change, providing insights into how scientific principles govern our environment.

2. Dr. A. Sujith (Professor of Chemistry, NIT Calicut) - Topic: Material Chemistry*

Dr. A. Sujith delved into the realm of material chemistry, exploring the synthesis and properties of various materials and their relevance in modern technological advancements.

3. Dr. Maneesh Chandran (Assistant Professor, Dept. of Physics, NIT Calicut) - Topic: Material Physics*

Dr. Maneesh Chandran discussed the fascinating field of material physics, examining the intricate properties of materials at the atomic and molecular levels and their implications in various industries.

4. Dr. Arun Ramachandran (CEO, Optind Solutions Pvt. Ltd, NIT Calicut) - Topic: Electronics and Sound

Dr. Arun Ramachandran shared insights into the realm of electronics and sound, exploring the latest advancements in electronic devices and their role in shaping modern communication systems.

5. Mr. Bhupender Kaushal (Research Scholar, Dept. of Physics, NIT Calicut) - Topic: Artificial Intelligence and Machine Making

Mr. Bhupender Kaushal delved into the exciting domain of artificial intelligence and machine making, discussing the latest developments in AI technology and its applications in various sectors.

The seminar provided a platform for students to engage with experts, ask questions, and gain valuable insights into the diverse fields of science.

New Wi-Fi Zone for Class 11 Senior School Students

The Headmaster inaugurated a new Wi-Fi zone for the class 11, Senior School students on Monday, 02 February 2024. The Deputy Headmaster, Dean of Activities, Dean of Academics, HOD IT Department, and a few members of the Staff, along with pupils of Class 11 were present at the inauguration.

On this occasion, the Headmaster emphasised the importance of digital learning. He urged the pupils to use the facility to enhance their knowledge and skills. He concluded his speech by wishing the students all the best and motivating them to achieve their goals with the help of this new resource.

The students distributed sweets to all present.



CADET ADRIKA ZAARA ARUN MAKES THE LAWRENCE SCHOOL PROUD BY WINNING MEDALS IN REPUBLIC DAY CAMP 2024 HELD IN DELHI



Cadet Adrika Zaara Arun of class IX made not only The Lawrence School but also the Tamilnadu, Andaman, and Puducheri Directorate, proud by bagging Silver and Bronze Medals in Singing and Dancing competitions in the Republic Day Camp held in Delhi from 29 December 2023 to 29 January 2024. She was also part of Ballet, National Integration Awareness Programme and Master of the Ceremony for various events.

NCC Republic Day Camp is the culmination of all NCC Training activities. Every year RDC is held at Cariappa Parade Ground, Delhi Cantt. The RDC 2024 for the NCC during the year culminated with the PM's Rally at Carriappa Parade Ground, Delhi Cantt on 28 Jan 2024. Cadets from 17 NCC Directorates (from all States and UTs) participated in the month-long RDC Camp this year.

During the RDC, various competitions are conducted amongst the 17 NCC Directorates to decide the Champion Directorate for the award of the Prime Minister's Banner. Competitions are keenly contested in various events such as National Integration Awareness presentation, Drill, Line & Flag Area, Cultural Programs i.e. (group song, group dance & ballet), Best Cadet of Senior Division (Boys) and Senior Wing (Girls) in each Service – Army, Navy & Air Discipline and Best Cadet Boys and Girls each from Junior Wing. Aero modelling and Ship modelling are also conducted during RDC.

The consistently excellent performance of the contingent throughout the Camp in all events saw the NCC Directorate of Tamilnadu, Andaman, and Puducheri being adjudged the third-best directorate.

There were ten Camps before the Republic Day Camp held in Delhi and the cadets kept getting filtered at the end of each camp. As far as a cadet is concerned, being part of the Contingent itself is an achievement.

The relentless journey of Adrika Zaara Arun is a testament to the embodiment of discipline, dedication, and unwavering hard work. From the early morning roll calls to the late-night preparations for various events, the life of an NCC cadet is characterized by a commitment that goes beyond the ordinary. It is a commitment that is beyond personal gain, reflecting a dedication to the principles of service, Unity, and discipline the National Cadet Corps embodies.

This achievement not only brings recognition to the talents of the cadet but also contributes to fostering a sense of national pride and unity. The Lawrence School, Lovedale extends hearty congratulations to Cadet Adrika Zaara Arun for her outstanding achievements. Adrika's achievements in the RDC not only brings glory to the school or NCC Unit but serves as an inspiration to all students. May Adrika's journey ahead be filled with many more accomplishments.

The achievements of NCC Cadets in Republic Day Cultural Events are a source of immense pride, reflecting not only their artistic talents but also their dedication to showcasing the rich cultural diversity of our nation. Participating in the Republic Day Camp is not merely a competition but a platform to exhibit the highest standard of leadership, teamwork, and excellence.



CHASING PEAKS - A TREK TO CHANDRASHILA SUMMIT BY BATCH OF 2025







The Outbound Learning Trip to the Himalayas for students is an exhilarating educational experience that combines adventure, exploration, and personal development in one of the most awe-inspiring natural settings. During this trip, students embark on a journey of self-discovery as they navigate through the majestic Himalayan landscapes. They learn valuable life skills such as teamwork, leadership, problem-solving, and resilience through outdoor activities like trekking, camping, and river rafting.

READY TO EMBARK ON AN UNFORGETTABLE ADVENTURE- RIVER RAFTING

On the second day of our trip, we had some river rafting on the River Ganga and then took a relaxing hike. The best part of the day was rafting. With guides helping us, we went through the fast-flowing water, feeling thrilled as we navigated each twist and turn. Some of us even went for a swim in the ice cold river. River rafting offers the perfect blend of excitement, nature and camaraderie. Whether you are a seasoned adventurer like Venky or a first-time rafter like Mano, there is something for everyone on Rapids. Before hitting water, it is essential to prepare adequately. Safety is paramount when you for rafting. One has to listen carefully to the guide. Wear life jackets, familiarize with basic commands like ' forward paddle, back paddle, high side, stop. River rafting is a team sport that requires cooperation and communication among paddlers. Working together to navigate the rapids fosters a sense of camaraderie and teamwork. Whether you're paddling alongside friends, family, or fellow adventurers, you'll forge lasting bonds as you tackle the challenges of the river together. Grab your paddle, get set......

TREK TO DEVERIYATHAL

The fourth day began with a hike to Devariyathal. It is a mesmerising journey through pristine Himalayan forests and tranquil alpine meadows. Situated at an altitude of 2440 meters above sea level, Deveriathal is a serene lake surrounded by towering peaks. including Chaukhamba, Kedarnath, and Neelkanth. Tye trek begins from the picturesque village of Sari, where travellers are greeted with panoramic views of the Garhwal Himalayas. The trail winds through dense oak and rhododendron forests, offering glimpses of the beautiful flora and fauna.

Snow transforms the world into a magical playground, offering an opportunity for fun and adventure. Whether you are a child or an adult reliving your youth playing in the snow is an experience cherished by many.

As the sun dipped below the horizon, casting hues of orange and pink across the sky, we embarked on an enchanting treck to the hill through the dense forest. The crisp evening air filled our lungs as we foot on the winding trail surrounded by towering hills. As we ascended higher , the panoramic view unfolded before us , painting a breathtaking picture. The distant mountains stood tall against the dusky sky , creating an apt backdrop for our adventure. As darkness descended and when the path was not visible, the instinct or the wisdom prompted us to return to our tents safely, and we bid Farwell to the wilderness. After a lively and energetic DJ with a blend of different genres of songs along with bonfire, we had a delicious dinner as the pleasure of the food extended beyond the palate.

A JOURNEY TO THE SUMMIT- TREK TO CHANDRASHILA.

Nestled in the lap of the Garhwal Himalayas, Chandrashila is a prominent peak renowned for its breathtaking panoramic view. This trekking adventure offers a blend of natural beauty and adventure and has given the boys of class XI a memorable experience. The journey Bagan at 9.30 am from the base camp, magpie, Chopta, often referred to as the 'Mini Switzerland' of Uttarakhand. The trek to Chandrashila is not just a physical journey, but a spiritual odyssey that offers the trekkers an opportunity to connect with nature. The trek begins from Chopta leading trekkers through dense forests of pine and oaks. The trail gradually ascends offering glimpses of the majestic snow-capped mountains. The enthusiastic Lawrencians reached the peak at 1.30pm. After having a frozen lunch, we sang the school song, 'Never Give In' while the school flag was fluttering on the peak. After clicking a few photos, we started the descent and reached the base camp safely at 4.45 pm. The Outbound Learning Trip to the Himalayas not only enriches students academically but also provides them with unforgettable experiences, fosters personal growth, and instills a deep appreciation for nature and the outdoors. It is a transformative journey that leaves a lasting impact on students' lives, shaping them into responsible and well-rounded individuals.



- Agastaya Ramamurthy -Aryan Dylan Arun

Of Reports and Reporting!





Our much-awaited Himalayan expedition began in the wee hours of 10th February 2024. Mrs. Bindu Dilip Kumar, Department of Mathematics, and Ms. Sophie Benny escorted us.

Day one consisted of two flights from Coimbatore to Dehradun via Delhi. We were welcomed with steaming cups of rhododendron tea at Hotel Regenta where we stayed for the night. Following a delicious breakfast, we left for Kund on the next day along a very scenic route covered with rolling green mountains and shimmering turquoise rivers. On the way we got to witness a sight straight out of our geography textbooks, the confluence of the rivers Bhagirathi and Alaknanda at Devprayag. It was not merely a confluence of rivers but it was the union of two different origins, two different stories, to create the holy Ganga which enriches the lives of millions of people. After a quick lunch break, we stopped to pay our tributes at the serene Dhari Devi temple which was located on the banks of the Alaknanda River between Srinagar and Rudraprayag. We were thrilled at the opportunity of walking across a hanging bridge adjacent to the temple. Around 5.30 pm, the sight of the setting sun behind the snow-capped mountains left us breathless. We followed the trail leading us closer to the ethereal mountains and reached our destination for the day- Himalayan Ecolodges. At the sight of the mountains, we realized the enormous possibilities that the trip had in store for us.

The next day, we set off on our first adventure; a trek to Devariyatal near Sari village which was located at 2,400 meters above sea level. This gave us a real taste of the challenge that lay ahead of us, scaling the mighty Chandrashila. The weariness of the trek was instantly replaced by the joy of seeing pristine white snow at the summit. The inner child in each one of us was set free the moment we stepped into the snow and we began hurling snow at each other, sliding down it and building snowmen. Returning from the trek we had our first encounter with water as we splashed about in the freezing waters of River Mandakini. We ended the day with a typical camping activity- dancing around a bonfire. Day 4 was a laidback day as we journeyed to our base camp in Chopta and had a lot of fun rolling about in the deep snow that surrounded our tents.

We began Day 5 at the break of dawn, all geared up for what was deemed to be the highlight of the trip, to conquer Chandrashila. We started our 4km trek at 8.45 am and trudged along the rugged and narrow paths covered with snow. With grit and determination, we breached the hurdles to make it to Tungnath temple. Due to unforeseen circumstances, we were unable to reach the summit of Chandrashila. However, we realized all our struggles were still worth it the moment we witnessed the halo effect of the sun on the magnificent snow-covered peaks. The clouds rushing through the mountains made us feel as if we were all starring in a movie. Upon descending we had steaming plates of Maggi and pakoras which felt like a warm blanket amidst the cold. At night, the clear sky offered us breathtaking views of various constellations.

Day 6 turned out to be the most memorable part of our trip as we traveled to Rishikesh for river rafting. On hearing the numerous safety guidelines, we all were a bit skeptical about getting aboard the rafts but once we started rafting we floated above all our concerns and were surprised at the amount of knowledge our guides passed on to us. This experience brought about team spirit and taught us that friendship would help us brave all odds. That evening we gathered for an impromptu dance session and retired early to our tents.

We set out the next morning to Mussoorie for a shopping spree along Mall Road. The road boasted of many vendors selling trinkets and souvenirs which we purchased for our loved ones. We were thrilled to find a library dedicated to Mussoorie's Wordsworth, Ruskin Bond. Our accommodation for the night happened to be a camp located in the vicinity of a bird sanctuary. It had a lot of activities out of which we decided to partake in the freefall. The freefall had us climbing a 50-foot-tall tree and letting go from the top. This was yet another adventurous activity that helped many of us overcome our fears.

The next day at the airport on our journey back to school, we realized how the days flew by. The trip was not merely a bunch of bus rides or photographs but an emotional connection with nature which gave us memories we will cherish for the rest of our lives. The takeaway of the trip was indeed the importance of friendship and teamwork. We realized after crossing our obstacles that if we stand together as one with the words 'Never Give In' echoing in our hearts nothing is impossible in this world.

Gopika Sunil Kamalini Ramesh

Of Reports and Reporting !

CBSE Painting Competition



The Budding Artists from the Lawrence School, Lovedale showcase their Artistic Perspectives at in CBSE Painting Competition by Kendra Vidyalaya, Ooty

In a commendable achievement, Ghazal from Class XI at The Lawrence School, Lovedale, clinched the third prize in the CBSE painting competition held on 23/04/2024 organized by Kendra Vidyalaya, Ooty. The event witnessed the enthusiastic participation of 11 students from The Lawrence School, contributing their creative expressions amidst a total of 117 students from 23 schools in the Nilgiris district.

The CBSE painting competition, hosted by Kendra Vidyalaya, Ooty, was designed to explore the topic on "Mantras given by Honourable Prime Minister to reduce Exam Stress" to encourage artistic excellence and creativity among students affiliated with the Central Board of Secondary Education (CBSE). This event served as a platform for students to explore their artistic talents, providing an opportunity to showcase their skills and interpretations on a national level.

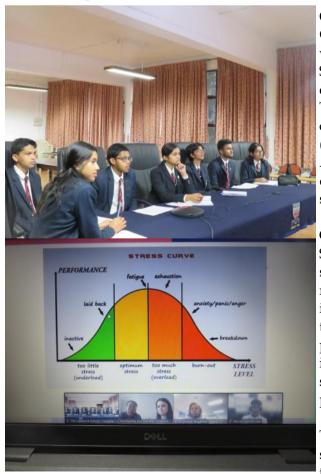
Ghazal from The Lawrence School, Lovedale, secured the prestigious third prize. This recognition not only reflects the individual talent and dedication of Ghazal but also highlights the school's commitment to fostering artistic expression and creativity among its students.

Participation from The Lawrence School: Eleven students from The Lawrence School actively participated in the CBSE painting competition, showcasing their diverse artistic perspectives. The following students are:

Adithi Pampana	(XI
B.S. Acksharaa Shrri	(XI
C.S. Riya Vaibhav	(XI
Durva Maheshwari	(XI
Nethra Varna A.S.	(XI
S. Dhriti	(XI
Yogasri R	(XI
Ipshita Chanda	(XI
Ghazal	(XI
Nandini Roy	(XI
Annika Job Vaikath	(IX

The school's engagement in such events demonstrates its dedication to providing students with opportunities beyond the conventional academic curriculum, encouraging holistic development.

Round Square Conference - Coping with Stress



On March 20, 2024, St. Andrew's School for Girls, South Africa, hosted a significant virtual event on Coping with Stress. This Zoom conference drew participation from Round Square schools worldwide, serving as a platform for sharing insights and strategies to manage stress effectively. Seven students from The Lawrence School, Lovedale, played an active role in the discussions, enriching the dialogue with their perspectives and knowledge.

The students from The Lawrence School who participated in the conference hailed from various classes, representing a diverse range of ages and backgrounds. Among them were Aahana Yadav (class 7), Emaya PS (class 8), Aryaveer Agarwal (class 8), Devansh Mutha (class 8), Adrika Zaara Arun (class 9), Advika Kumar (class 9), and Krishiv Agrawal (class 9). Their enthusiastic involvement demonstrated a collective commitment to addressing stress-related challenges prevalent among students.

Guiding the students both before and during the conference was Ms. Merlyn M Fernandes, the School Counselor. The students were well-prepared to engage meaningfully in the discussions. The seven participants from The Lawrence School shared insightful perspectives on various stress management techniques. They explained how regular exercise can increase serotonin levels, thereby improving mood and reducing stress. Additionally, they introduced the Eisenhower matrix as a tool to prioritize tasks and manage time effectively. They emphasized the role of planning and preparation ahead of time to avoid last-minute burnout. Furthermore, they highlighted the importance of maintaining a moderate amount of stress for optimal performance and discussed the significance of examinations in academic life. Moreover, they acknowledged the crucial role teachers play in supporting students through stressful times.

Throughout the online meeting, ample techniques were shared among participants and the host school on ways to deal with stress. Participants learned about the concept of eustress, understanding that a certain amount of stress can be beneficial for productivity, while excessive stress, known as

distress, can hamper productivity. Psychologists from the host school answered questions from participants, emphasizing the importance of practicing deep breathing regularly to manage anxiety and mitigate panic attacks.

In conclusion, the Zoom conference hosted by St. Andrew's School for Girls served as a testament to the power of collaboration and shared learning.

Sports Roundup

Level 3 Archery coaches' course in South Korea



Mr. Alex AT, the Archery coach, has successfully completed Level 3-Advanced Training & Exposure at the Kim Hyung Tak Archery School in South Korea from February 23rd to March 1st, 2024. This training was conducted under the aegis of the Archery Association of India (AAI) Project, jointly sponsored by NTPC, SAI, and OGQ. The course was attended by the top 20 coaches from India.

His journey to South Korea wasn't just about refining his archery skills; it was a quest to become a better coach, a mentor who could truly unlock the potential within students. This program, steeped in Korean archery tradition and meticulous attention to detail, proved to be a transformative experience, equipping him with the knowledge and tools to elevate coaching on multiple levels. The course primarily focused on the advanced training methods in Recurve and compound events.

The program has been a game-changer for coaching journeys. It is equipped with the knowledge, skills, and experience to become a more effective coach, a mentor, and a valuable resource for the archery community.

Taekwondo Belt Promotion Test



The Taekwondo promotion test was successfully conducted on Sunday, 25th February 2024, for students in classes 5th to 8th. Under the vigilant supervision of Master G. Balakrishnan, 7th DAN, the event saw enthusiastic participation and marked achievements.

A total of 39 students from classes 5 to 8 participated in the test, demonstrating their skills and dedication. All thirty-nine participants qualified for the YELLOW STRIPE level. Twenty-seven students have been promoted from YELLOW STRIPE to YELLOW BELT, showcasing their dedication and progress in Taekwondo. Master G. Balakrishnan provided valuable guidance during the test. He took the opportunity to impart fundamental techniques and kicking strategies to the students, inspiring them to aim for higher grades and excellence in their practice.

Getting a yellow stripe is the 9th level in Taekwondo and an important milestone for our students, reflecting their continuous effort and perseverance in their Taekwondo journey. Moving forward, regular grading level exams will be conducted every three months within the school premises to facilitate continuous improvement and growth among students.

Archery Championship

13 Students (7 Boys and 6 Girls) from The Lawrence school, Lovedale represented IPSC at the **SGFI Archery Championship** held at District Sports complex, Nadiad, Gujarat and the coaching camp at Mayo college, Ajmer, Rajasthan from 4th December 2023 to 18th December 2023.

The Archery coach of the Lawrence School, Lovedale, Mr. Alex A T, was officially appointed as Archery coach for the IPSC Team

The details of the vents are : U-19 Boys and Girls- 4th to 10th December, 2023 U-14 Boys and Girls – 4th to 14th December, 2023

U-17 Boys and Girls – 8th to 18th December, 2023

Details of Students

Sr	Name	Class
1	Rajeev S Tarade	7
2	Ariyshmanram S.	8
3	Kishan Reddy P	8
4	Chunduri Sri Anvi	7
5	Aiyana Singh	9
6	Adhi M Nair	12
7	Durva Maheshwari	11
8	Aisshmika Dinkar Kumar	12
9	Rachabattuni Prasunnambika	7
10	Raunaq Laishram	11
11	Armaan Fazil	10
12	Narein R Nair	10
13	Pranay Dev Gurram	8





Successful Run for Lawrence Tennis Team at Moxiee Tennis state level Non ranking Tournament



6 Boys (U-14& 18Yrs) recently took part at the Moxiee Tennis state level Non-Ranking tournament conducted by Moxiee Tennis Academy, which was held at Thudiyalur, Coimbatore, from 24th to 26th of February 2024. The team showcased exceptional skill, determination, and sportsmanship throughout the competition. Players from the various districts across Tamilnadu have taken part in this competition. It was really a great exposure for our budding players to play with professional players at clay courts.

Results as follows

U-14 Boys - Doubles Aryan bafna & H.Arjun reached quarter finals U-18 Boys - Singles Ishaan & Riyo Keisham reached quarter finals U-18 Boys - Singles Runners Up-Khush Jhanwar

SRFI Banglore Club National Squash Open Tournament-24



13 Boys & 8Girls from Lawrence school Lovedale took part at the Banglore Club, National squash open tournament conducted by SRFI, which was held at Banglore Club, Banglore. Tournament was from 24th to 27th of February 2024. It was a great exposure for our budding players to play with national seeded players.

Highlights of the tournament are as follows Sia kaul of class 8 reached the quarter finals. Sarvika class 9, Kesanth class 6, Dhruv class 6, & Ira class 5, reached pre quarter finals.

Silambattam Demonstration



On the vibrant afternoon of March 26th, at Lawrence School Lovedale, an enthralling showcase of ancient martial arts unfolded, courtesy of the Elshaddai Silambam Club from Chennai. The audience was transported back in time as they witnessed the mesmerizing display of Silambattam, a traditional Indian martial art originated in Tamilnadu dating back thousands of years.

With precise movements and unwavering focus, the skilled practitioners of Silambattam showcased a captivating blend of agility, strength, and discipline. Each strike and maneuver carried the weight of centuries of tradition, reflecting the rich cultural heritage of India.

The demonstration didn't stop at Silambattam alone; it extended to the transformation of the art from ancient to modern era. It also encompasses a variety of war art forms, each more intriguing than the last. From ancient weapon techniques to strategic combat maneuvers, the audience was treated to a comprehensive glimpse into the diverse world of martial arts. 35 member team comprising of school students, college students and professionals displayed an eye catching demonstration led by Mr. Vijai Babu, Grand master and Secretary Nilgiri District Silambatam Association.

Under the guidance of the Elshaddai Silambam Club, spectators were not only entertained but also educated about the historical significance and practical applications of these martial arts. The event served as a reminder of the importance of preserving and celebrating traditional practices that have shaped civilizations throughout history.



As the demonstration concluded, the echoes of applause filled the air, leaving a lasting impression on all who were fortunate enough to witness the spectacle. The Elshaddai Silambam Club's display at Lawrence School Lovedale was more than just a martial arts demonstration; it was a celebration of heritage, skill, and the enduring spirit of human endeavor. Participants were honored with a certificate of appreciation and mementos.





Ariaana & Deveshi of class 7 took part at the SGFI Hockey tournament representing IPSC at Gwalior, MP from 28.12.2023 to 01.01.2024.



Creative Corner!

A Wild Dream

Aliya Sahu VII D

IX B

Why do I get this sudden feeling? When I lay awake in my bed staring at the ceiling...

It's so weird and strange... From time to time... it might change! I don't know what's it about... It could be of anything... I have a doubt! Is it for real or am I hallucinating? Is there an answer to this confusing feeling... I'm still waiting... I lay in my bed thinking over it... Still having no clue what's it about... not even a bit!

"Wake up... wake up" came a voice ... what a pity!

After all it was just a wild dream that felt like reality...

Samriddh Sah **Round Square**

Round Square, round square, round square Ring the bell, so you can hear the chime You are going to get a topic **ITS DISCUSSION TIME!**

The Round Square I had was on 22nd Feb. We went in the meeting through a web.

The meeting started with the normal stuff. There were a lot of people. That's when it started to get tough. So many people, so many views, We also had a person who kind of

looked like TOM cruise.

At first because of too many people We were nervous... But after talking to them We didn't know what we were nervous all about Then the presentation started & 'Me, first' 'me first' was all heard them shout.

:Vocabulary:

post-truth - relating to a situation in which people are more likely to accept an

argument based on their emotions and

In this era of post-truth politics, it's easy

to cherry-pick data and reach any

beliefs, rather than one based on facts.

Eg. We are in post-truth politics.

conclusion you like.

I adore round squares, So playful and unique, Where I encounter one, Its memory I aways seek,

2)1

Kamalini Ramesh Making the Odds Even

While standing in the middle of a theatre is when this thought really struck me. Why didn't a multiplex have a simple ramp?

XII C

Every year it is a ritual of mine to watch a movie with my grandmother in the theatres and this year she was wheelchair bound. The theatre had stairs, her worst enemy which made it a herculean task to get to our seats.

According to the 2011 census, nearly 2.68 crore people find themselves in such situations where their disabilities become barriers. The welfare schemes for this category of our population are mostly monetary, which does not compensate for the numerous experiences they miss out on. Investing in ramps, toilets with rails, and braille libraries has the power to change entire futures.

Our society does not require new terms to recognize them, but society needs to recognize the everyday challenges faced by them.

Indian Elections and Aahan Lohoti ΧD democracy

We take our democracy for granted not knowing the real value and the struggle for it. Elections are a direct link to democracy. Our country is the largest democracy which means that our elections are the biggest. The 2024 Lok Sabha elections are being conducted in 7 phases so that everyone can vote. This year citizens who are more than 80 years old get the privilege of voting from home. The government has well-planned the election system with universal Adult Franchise like always. The two main political parties are the Bharatiya Janta Party under the National Democratic Alliance and the Indian National Congress. The results are to be declared on the 4th of June. But the catch here is that prominent parties are buying voters. The people do not realize the importance of voting and cast their vote for the party which gives them a petty amount of money or a biryani. We give up on our democracy for a meal of "Hydrabadi Biravani". People need to be woken up to realize the true value of democracy and the importance of elections. Happy voting...

World Cancer Day

Namith D Puttachi ХВ

World Cancer Day is an international day marked on 4 February to raise awareness of cancer and encourage its prevention, detection, and treatment. World Cancer Day is led by the Union for International Cancer Control (UICC) to support the goals of the World Cancer Declaration, written in 2008. The primary goal of this day is to significantly reduce illness and death caused by cancer and it is an opportunity for the international community to end the injustice of preventable suffering from cancer. The day is observed by the United Nations.

Cancer is a generic term for a large group of diseases that can affect any part of the body other terms used are malignant turnouts and neoplasms, one defining feature of cancer is the rapid creation or division of abnormal cells that grow beyond their usual boundaries and which can then invade adjoining parts of the body and spread to other organs; the latter process is referred to as metastasis. Widespread metastasis is the primary cause of death from cancer.

The theme for this year's cancer day was 'Close the Care Gap' which focused on eliminating the difference in access to cancer care services faced by populations of various groups of country income, age, gender, ethnicity, etc.

Let us unite to fight Cancer's might Unity is the answer to Cancer

Our Cosmic Address

Krishiv Agrawal

On the twilight tapestry of the universe, Where every weave is a star, Every particle a planet, a galaxy, A solar system just like ours, Ever expanding, ever collapsing, Some are visible, others unknown. Every second countless stars are born, Every second countless stars die. In our observable universe, In the Laniakea supercluster, In the Virgo supercluster, In the Local Group In me Milky Way Galaxy, In the Orion Arm, In the Solar System Exists a speckle of dust suspended in a Sunbeam called Earth.

Forever cherished, never gone.

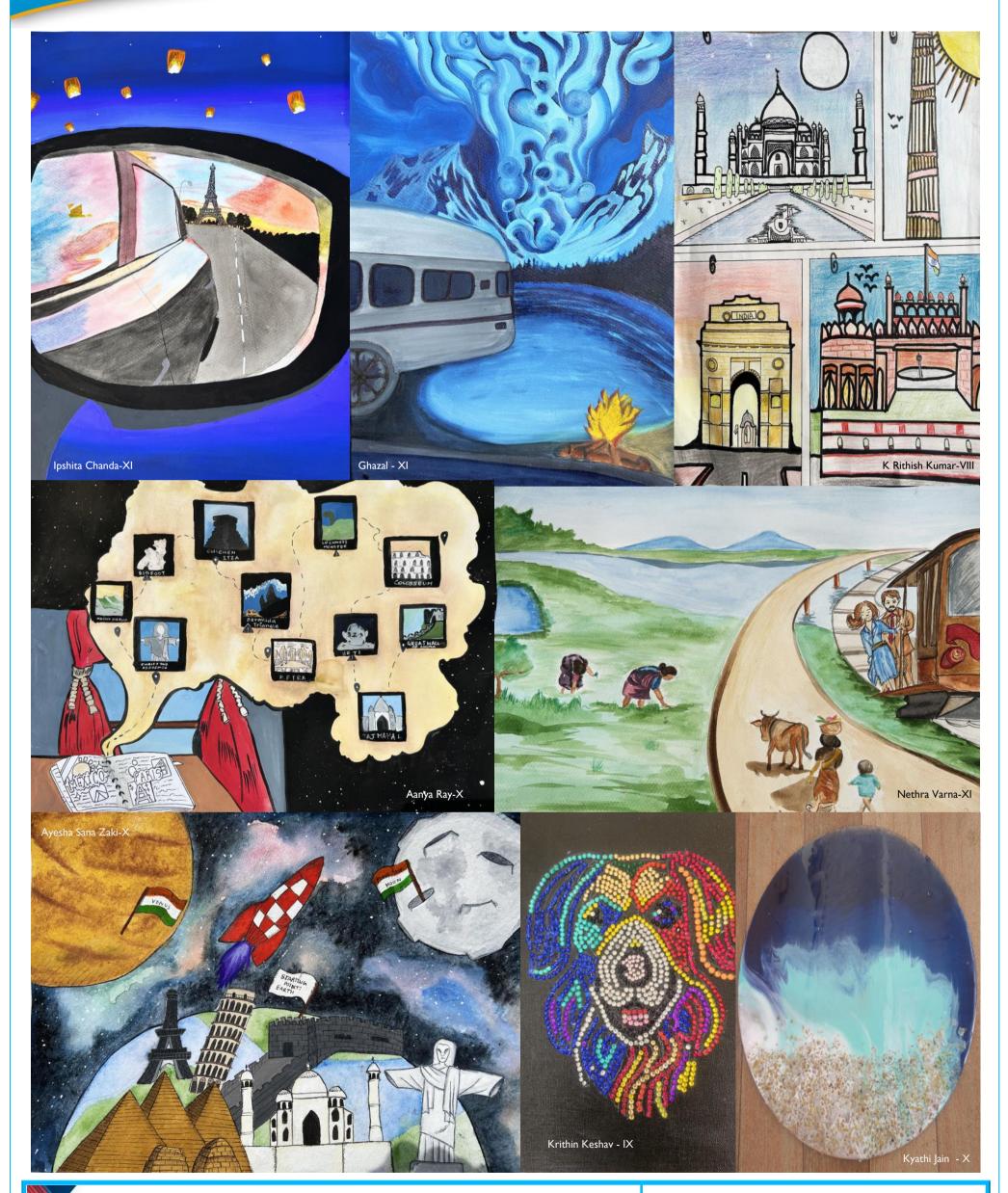
From Archives :



SOME THOUGHTS OF OUR FOUNDER Sir Henry Montgomery Lawrence

"I wish each boy to learn the use of his hands at some trade: I don't care what it is. Let him cobble, carpenter, tailor or smith. This should be apart from telegraph, survey, printing or gardening work. Boys must be taught not to be ashamed to put their hands to anything; to consider labour as honorable, and to see the advantage to them of being handy. I wish the dullest child to be made to understand that a prize may be obtained by industry and good conduct".

Creative Corner!



THE EDITORIAL TEAM

Student Coordinators Staff Coordinators

- Staff Coordinato Editorial Staff Editors
- : Aryan Vashist, Kshemankara, Vedang Gupta, Vansh Agarwal, Khush Agarwal, Subhankara and Kimaya Sahu
- : Divya Subramannian and Gijo Joseph
- : Gijo Joseph
- : Manmeet Kaur Dutt, Nidhi Mishra, Gijo Joseph, Anshika Josephine, Anita Prabhu and Thomas George : M Venkateswaran Typing Assistant : Jamal

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