



MENU

Date / Day	20- November- 23	21- November- 23	22- November- 23	23- November- 23	24- November- 23	25- November- 23	26- November- 23
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B/fast	Milk/Porridge	Milk/ porridge	Milk/Porridge	Milk/Chocos	Milk/porridge	Milk/Porridge	Banana Milkshake
	Bread/butter/jam	Bread/butter/jam	Multi grains bread/butter/jam	Bread/butter/jam	Brown bread/butter/jam	Bread/butter/jam	Masala dosa
	Upma	Uttapam	Pongal- Sambhar	Paratha	Idli	Pan Cake	Sambhar
	Paneer Bhaji	Sambhar	Urad dal Vada	Vegetable Curry	Sambhar	Chocolate Sauce	Chutney
	Fried Egg	Chutney	Omlette		Chutney	Upma- Chutney	
M/M	Pineapple Cake & Tea	Cookies & Tea	Jam Swiss Roll & Coffee	Veg Sandwich & Tea	Plum Cake & Coffee	Banana Cake & Tea	
Lunch	Rice/chapatti	Veg Clear Soup	Rice/ Kuska	Rice/Chapati	Rice/Chapti	Jeera Rice /Chapati	Veg Pulao
	Sambhar	White Pasta	Tomato Dal	Rajma Masala	Dhal Tadka / Cabbage Foogath	Maa Ki Dal	Curd Rice
	Beetroot Proyal	French Fries	Aloo Palak Bagan	Aloo Soya	Egg Curry	Soya Chaap	Veg Korma
	Vada	Veg Burger	Curd	Rasam	Soya Manchurian	Aloo Gobhi	Pappad
	Curd	Ice Cream	Rasam	Raita	Curd	Raita	Fruit
	Salad		Salad	Sprouted salad	Salad	Salad	
	Fruit		Fruits	Fruit	Fruit	Fruit	
E/Snacks	Iceing Bun & Tea	Chana Sundal & Tea	Cocktail pizza & Coffee	Puff & Coffee	Bhelpuri & Tea	Samosa & Tea	Jam Sandwich & Coffee
Dinner	Rice/ Chapti	Rice/Chapati	Tomato Dhania Sorbha	Kashmiri Pulao /Butter Naan	Rice	Chicken Biryani	Veg Fried Rice
	Palak Mutton	Matar Paneer	Veg Fried Rice	Butter Chicken	Kulche	Veg Biryani	Veg Hakka Noodles
	Palak Paneer	Mix Veg	Maggi	Paneer Tikka Masala	Cholle	Raitha	Schezwan Paneer
	Dal Makhani	Rasam	Roasted Chicken	Saute Broccoli	Aloo Capsicum	Brinjal Salana	Schezwan Chicken
	Rasam	Gulab Jamun	Mushroom Gobhi 65	Rasam	Masala Onion	Matar Mushroom	Jelly
	Chocolate Burfi		Paneer Tikka	Onion Salad	Rasam	Chicken Curry	
			Home made Chocolate	Pyassam	Suji Halwa	Shahi Tukra	
	Milk			Milk			