

# MENU

| Date                    | 13-Oct-25                         | 14-Oct-25                         | 15-Oct-25                         | 16-Oct-25                         | 17-Oct-25                         | 18-Oct-25                         | 19-Oct-25                                           |
|-------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------------------------|
| Day                     | Mon                               | Tues                              | Wed                               | Thu                               | Fri                               | Sat                               | Sun                                                 |
| CHOTA                   |                                   |                                   |                                   |                                   |                                   |                                   |                                                     |
| Bun                     | Bun                               | Bun                               | Bun                               | Bun                               | Bun                               | Bun                               |                                                     |
| Beverage                | Tea/ Flavoured Milk               | Tea/ Flavoured Milk               | Tea/ Flavoured Milk               | Tea/ Flavoured Milk               | Tea/ Flavoured Milk               | Tea/ Flavoured Milk               |                                                     |
| BREAKFAST               |                                   |                                   |                                   |                                   |                                   |                                   |                                                     |
| Beverage                | Hot Milk/ Bournvita/Boost/ Coffee | Hot Milk/ Bournvita/Boost/ Coffee | Hot Milk/ Bournvita/Boost/ Coffee | Hot Milk/ Bournvita/Boost/ Coffee | Hot Milk/ Bournvita/Boost/ Coffee | Hot Milk/ Bournvita/Boost/ Coffee | Milk/Cold Coffee/ Tea<br><br>Variety Dosa - Sambhar |
| Cereals                 | Porridge                          | Porridge                          | Porridge                          | Chocos/ Cornflakes                | Porridge                          | Millet                            |                                                     |
| Bread                   | Toast/ White Bread/ Brown Bread   | Toast/ White Bread/ Brown Bread   | Toast/ Fruit Bread/ Brown Bread   | Toast/ Oats Bread/ Brown Bread    | Toast/ White Bread/ Brown Bread   | Toast/ Oats Bread/ Brown Bread    |                                                     |
| Jam/Butter              | Mix Fruit Jam/ Butter             | Mix Fruit Jam/Butter              | Mix Fruit Jam/Butter              | Mix Fruit Jam/ Butter             | Mix Fruit Jam/Butter              | Mix Fruit Jam/Butter              |                                                     |
| Main Dish               | Upma                              | Appam                             | Pongal- Sambhar                   | Poha                              | Idly                              | Macaroni in Red Sauce             |                                                     |
| 2nd Veg Dish            | Bread Bhaji                       | Veg Stew                          | Vada                              | Fried Egg                         | Sambhar                           | Chilly cheese Toast               |                                                     |
| Egg/Sausages            | Boiled Egg                        |                                   | Omelets                           | Cheese croquette                  |                                   | French Toast                      |                                                     |
| Sauce                   | Chutney                           | Coconut Chutney                   | Chocolate sauce/ Chutney          | Chutney                           | Coconut Chutney                   | Tomato Chutney                    | Coconut Chutney - Tomato Chutney                    |
| MID MORNING             |                                   |                                   |                                   |                                   |                                   |                                   |                                                     |
| Fruit/Snacks            | Carrot Cake                       | Butterscotch Cup Cake             | Cookies                           | Coleslaw Sandwich                 | Plum Cake                         | Black Forest Pastry               | Cake                                                |
| Beverage                | Ice Tea / Tea                     | Tang /Tea                         | Tang / Coffee                     | Tang /Tea                         | Tang / Coffee                     | Tang /Tea                         | Tea                                                 |
| LUNCH                   |                                   |                                   |                                   |                                   |                                   |                                   |                                                     |
| Rice                    | Rice                              | Jeera Rice                        | Broccoli Soup                     | Jeera Rice                        | Rice                              | Veg Biryani                       | Pulao                                               |
| Indian Bread            | Multi Grain Chapati               | Whole Wheat Chapati               | Penne in Creamy Sherry Rose Sauce | Luchi                             | Multi Grain Chapati               |                                   | Curd rice                                           |
| Pulses/ Dal             | Chana Dal                         | Banjara Dal                       | Garlic Bread                      | Matar Ke Chole                    | Rajma                             | Matar Mushroom                    |                                                     |
| Veg/ paneer             | Squash Foagath                    | Bhindi Do Pyaza                   | Veg Au Gratin                     | Paneer Matar Jhol                 | Nizami Veg Handi                  | Brinjal Salana                    | Veg Kholhapuri                                      |
| Veg.2/ Conti            | Chilli Soya                       | Dubki Wale Aloo                   | Veg Cutlet                        |                                   |                                   |                                   |                                                     |
| Non Veg/ Pepper Water   | Egg Curry                         | Rasam                             | Lemon Herb Grilled Chicken        |                                   |                                   | Chicken Biryani                   |                                                     |
| Raita/                  | Curd / Rasam                      | Rasam                             | Egg Cutlet                        | Boondi Raita                      | Curd                              | Chicken Curry                     |                                                     |
| Salad                   | Salad                             | Salad                             | Russian Salad                     | Salad                             | Salad                             | Raita                             | Pappad                                              |
| Pickle/ Chutney         | Pickle                            | Pickle                            | Chocolava                         | Pickle / Fryam                    | Pickle                            | Pickle                            | Pickle                                              |
| Fruit/ Dessert          | Fruit                             | Rasmali                           |                                   | Fruit                             | Fruit                             | Fruit                             | Fruit                                               |
| EVENING SNACKS          |                                   |                                   |                                   |                                   |                                   |                                   |                                                     |
| Snacks                  | Bread Pokara                      | Corn Triangles                    | Doughnut                          | Pizza                             | Mushroom Puff                     | Veg Samosa                        | Jam Bread                                           |
| Beverage                | Coffee                            | Tea                               | Tea                               | Coffee                            | Tea                               | Tea                               | Coffee                                              |
| DINNER                  |                                   |                                   |                                   |                                   |                                   |                                   |                                                     |
| Soup                    |                                   |                                   |                                   |                                   |                                   |                                   |                                                     |
| Rice                    | Steamed Rice                      | Masala Rice                       | Steamed Rice                      | Kashmari Pulao                    | Rice                              | Fried Rice                        | Rice                                                |
| Bread                   | Whole Wheat Chapati               | Rogani Roti                       | Whole Wheat Chapati               | Whole Wheat Chapati               | Lacha Paratha                     | Maggi                             | Whole Wheat Chapati                                 |
| Pulses/ Dal/ Veg        | Dal Banjara                       | Dal Panchmel                      | Dal Fry                           | Dal Makhani                       | Dal Tadka                         | Chilli Manchurian                 | Dal Fry                                             |
| Veg/ paneer             | Paneer Lababdar                   | Veg Korma                         | Aloo Gobhi                        | Paneer Maska Wala                 | Paneer Bhurji                     | Tandoori Paneer Kathi Roll        | Malai Kofta                                         |
| 2nd Veg./ N- Veg/ Conti |                                   | Aloo Gagar Matar                  |                                   | Chilli Baby Corn                  | Snackgourd 65                     |                                   |                                                     |
| Non Veg                 | Chicken Lababdar                  |                                   | Rasam                             | Chicken Butter Masala             | Chicken Keema                     | Tandoori Chicken Kathi Roll       | Chicken Rezala                                      |
| Pepper Water            | Rasam                             | Salad                             | Salad                             | Rasam                             | Rasam                             |                                   | Salad                                               |
| Fruit/ Dessert          | Chocolate Peda                    | Gulabjamun                        | Chocolate                         | Kheer                             | Mysore Pak                        | Fruit Custard                     | Dal Payasam                                         |
| Milk                    |                                   | Hot Milk                          |                                   |                                   | Hot Milk                          |                                   |                                                     |