## **Child Sexual Abuse**

Child Sexual Abuse (CSA) refers to inappropriate touching or conduct with a child. Anyone who experiences it feels like they have sinned, they feel dirty and cry.

We had two sessions on CSA conducted by the Counsellor for each grade. There are two types of sexual abuse - Physical and Non-physical. Non-physical sexual abuse happens when a child is shown 18+ inappropriate content, is asked to undress, is shown inappropriate gestures etc. This makes one feel hurt, disgusted and helpless. The child may blame themselves. CSA is a punishable offence with a jail term from 20 years to life imprisonment. The offender can be anyone, a stranger or a known person. No person has a right to touch the child's private parts except parents when bathing or a doctor for examining.

Child sexual abuse is traumatizing. If anyone has faced CSA, they must call 1098, the ChildLine number. They will come and save you.

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