



MENU

Date / Day	01- August-22	02- August-22	03- August-22	04- August-22	05 -August-22	06- August-22	07- August-22
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B/fast	Milk/Porridge	Milk/ porridge	Milk/Porridge	Milk/Chocos	Milk/porridge	Milk/Porridge	Coffee
	Bread/butter/jam	Bread/butter/jam	Multi grains bread/butter/jam	Bread/butter/jam	Brown bread/butter/jam	Bread/butter/jam	Masala dosa
	Upma	Uttapam	Pongal- Sambhar	Poha	Idly	Pav- Bhaji	Sambhar
	Bread Bhaji	Sambhar	Urad dal Vada	Omlette	Sambhar	Veg Cutlet	Chutney
	Fried Egg	Chutney	Omlette	Cheese croquette	Chutney	Scrambled Egg	
M/M	Cookies & Tea	Cup cake & Tea	Pineapple Pastry &Coffee	Veg Sandwich & Tea	Swiss Rolls & Coffee	Tea cake & Coffee	
Lunch	Rice/Chapti	Cream of Tomato Soup	Rice/ Chapti	Rice/Chapti	Rice/Chapti	Rice/Chapti	Veg Pulao
	Sambhar	Veg Burger	Dal Makhani	Curry Pakoda	Dhal Tadka	Sambhar	Curd Rice
	Snake gourd poriyal	French Fries	Dum Aloo palak	Mix Veg	Egg Curry	Green banana curry	Veg Korma
	Dahi Vada	Onion corn Salad	Curd	Rasam	Soya Manchurian	Rasam	Pappad
	Rasam	Choco lava Cake	Rasam	Papad	Rasam	Curd	Fruit
	Salad		Salad	Sprouted salad	Curd	Salad	
	Fruit		Fruits	Fruit	Fruits	Fruit	
E/Snacks	Chocolate Croissant & Tea	Vada Pao & Tea	Cocktail pizza & Tea	Puff & Coffee	Veg Rolls & Tea	Samosa & Tea	Jam Sandwich & Coffee
Dinner	Rice/Chapti	Rice/ Methi Paratha	Lung fung soup	Rice/ Butter Naan	Rice	Veg Biryani	Rice/Chapti
	Mix Dal	Paneer butter masala	Veg Fried Rice	Butter Chicken	Bathure	Chicken Biryani	Mix Dhal
	Pepper Chicken	Masala Dahi Bhindi	Veg Hakka Noodles	Paneer tikka masala	Cholle	Brinjal Salana	Palak Paneer
	Kadhai Vegetable	Rasam	Chilly Chicken	Aloo Gobhi	Onion Salad	Matar Paneer	Handi Chicken
	Rasam	Gulab Jamun	Chilly Vegetable	Rasam	Rasam	Chicken Curry	Rasam
	Burfi	Hot Chocolate	Paneer Tikka	Onion Salad	Ladoo	Raitha	Onion Salad
			Home made chocolate	Semiva Pavasam		Onion Salad	Bottle gourd Halwa