



MENU

Date	01-Sep-25	02-Sep-25	03-Sep-25	04-Sep-25	05-Sep-25	06-Sep-25	07-Sep-25
Day	Mon	Tues	Wed	Thu	Fri	Sat	Sun
CHOTA							
Bun	Bun	Bun	Bun	Bun	Bun	Bun	
Beverage	Tea/ Flavoured Milk	Tea/ Flavoured Milk	Tea/ Flavoured Milk	Tea/ Flavoured Milk	Tea/ Flavoured Milk	Tea/ Flavoured Milk	
BREAKFAST							
Beverage	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Milk/Cold Coffee/ Tea
Cereals	Porridge	Porridge	Porridge	Chocos/ Cornflakes	Porridge	Tomato Oats	Variety Dosa - Sambhar
Bread	Toast/ White Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Fruit Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	
Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	
Main Dish	Upma	Appam	Veg Pan Cake	Palak Paratha	Poha	Poori	
2nd Veg Dish	Paneer Bhaji	Kadala Curry	Upma	Aloo Matar	Bread Bhaji	Bhaji	
Egg/Sausages	Boiled Egg		Egg Pan Cake	Scrumble Egg / Veg Fingur	Cheese Omelette		
Sauce	Tomato Ketchup	Coconut Chutney	Chocolate Sauce/ Chutney	Chutney	Chutney	Tomato Ketchup	Coconut Chutney - Tomato Chutney
MID MORNING							
Fruit/Snacks	Cookies	Blueberry Fruit Cake	Banana Cake	Veg Sandwich	Plum Cake	Melting Moments	
Beverage	Ice Tea / Tea	Tang /Tea	Tang / Coffee	Tang /Tea	Tang / Coffee	Tang /Tea	
LUNCH							
Rice	Rice	Cream of Veg Soup	Rice	Mint Rice	ONAM WHITE RICE SAMBAR / VEG AVAIL BEANS/CARROT/CABBAGE THORAN BEETROOT PACHADI ERISSERY VAZHAKKAI MEZHUKKUPURATTI RASAM/ CHAKRAVARTHI BANANA CHIPS/ PARIPPU VADA INJIPULI/	Steamed Rice	Coconut Rice
Indian Bread	Whole Wheat Chapati	Garlic Bread	Whole Wheat Chapati	Multi Grain Chapati		Multi Grain Chapati	Curd Rice
Pulses/ Dal	Sambhar	Spaghetti in Red Sauce	Chana Dal	Rajma		Sambar	
Veg/ paneer	Peerkgangi Masala	French Fries	Cabbage Mutter	Mix Veg		Veg Korma	Chutney
Veg.2/ Conti	Vada		Chilli Soya				
Non Veg/ Pepper Water	Rasam		Egg Curry			Rasam	
Raita/	Curd		Curd / Rasam	Raita		Curd	
Salad	Garden Fresh Salad		Salad	Salad		Salad	Pappad
Pickle/ Chutney	Pickle / Pappad		Pickle	Pickle / Pappad		Pickle/ Pappad	Pickle
Fruit/ Dessert	Fruit	Ice Cream	Fruit	Fruit		Fruit	Fruit
EVENING SNACKS							
Snacks	Corn Roll	Chana Dal Vada / Chutney	Pyaz Ki Kachori/ Chutney	Mushroom Puff	Icing Bun	Samosa/ Chutney	Tea Cake
Beverage	Tea	Tea	Tea	Coffee	Tea	Tea	Coffee
DINNER							
Soup			Lung Fung Soup				
Rice	Steamed Rice	Soya Pulao	Veg Fried Rice	Rice	Rice	Veg Biryani	Steamed Rice
Bread	Paratha	Whole Wheat Chapati		Lacha Paratah	Whole Wheat Chapati		Whole Wheat Chapati
Pulses/ Dal/ Veg	Dal Fry	Moong Dal Fry	Top Ramen Curry Noodles	Dal Makhani	Peshawari Cholle	Matar Mushroom	Mix Dal
Veg/ paneer	Paneer Butter Masala	Palak Panner	Chilli Paneer	Paneer Jalfrezi	Dum Aloo	Brinjal Salana	Veg Kofta
2nd Veg./ N- Veg/ Conti		Masala Bhindi	Spring Roll			Chicken Biryani	
Non Veg	Chicken Roganjosh		Chilli Chicken	Afghani Chicken	Onion salad	Chicken Curry	Chicken Kholapuri
Pepper Water	Rasam	Rasam		Rasam	Rasam	Raita	Rasam
Fruit/ Dessert	Coconut Burfi	Gulab Jamun	Home Made Chocolate	Semiya Payasam	Cheese Cake	Brownie	Bottle Guard Halwa
Milk		Hot Milk			Hot Milk		

*** Menu subject to change according to the availability of seasonal vegetable & raw material***