

MENU

Date / Day	18- September- 23	19- September- 23	20- September- 23	21- September- 23	22- September- 23	23- September- 23	24- September- 23
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B/fast	Milk/Porridge	Milk/ porridge	Milk/Porridge	Milk/Chocos	Milk/porridge	Milk/Porridge	Banana Milkshake
	Bread/butter/jam	Bread/butter/jam	Multi grains bread/butter/jam	Bread/butter/jam	Brown bread/butter/jam	Bread/butter/jam	Masala dosa
	Poori	Uttapam	Pongal- Sambhar	Pav- Bhaji	Appam	Poha	Sambhar
	Bhaji	Sambhar	Urad dal Vada	Omlette	Stew	Omlette	Chutney
M/M	Pineapple Cake & Tea	Cookies & Tea	Black forest Pastry & Coffee	Cookies & Tea	Plum Cake & Coffee	Tea Cake & Tea	
		Chutney	Omlette	Veg Croquette	Chutney	Cheese croquette	
Lunch	Rice/chapatti	Veg Clear Soup	Rice/ Mint Rice	Rice/Chapati	Jeera Rice /Chapati	Chapati	Tomato Rice
	Sambhar	Tomato Basil Pasta	Mix Dal	Rajma Masala	Tomato dal	Khichdi	Curd Rice
	Snake Gourd Poriyal	French Fry	Kadhai Veg	Aloo Soya	Soya Chaap	Brinjal Potato Bharta	Chutney
	Pappad	Garlic Bread	Curd	Rasam	Beetroot Poriyal	Lauki Adraki	Pappad
	Salad	Ice Cream	Rasam	Raita	Raita	Curd / Pappad	Fruit
	Fruit		Salad	Sprouted salad	Salad	Chutney	
			Fruits	Fruit	Fruit	Fruit	
E/Snacks	Veg Roll & Tea	Bread Pokara & Tea	Cocktail pizza & Tea	Puff & Coffee	Peanut Chaat & Tea	Samosa & Coffee	Jam Sandwich & Coffee
Dinner	Veg Kothu Parotta	Rice/Chapati	Tomato Dhania Sorbha	Kashmiri Pulao /Butter Naan	Rice/ Paratha	Chicken Biryani	Veg Fried Rice
	Chicken kothu paratha	Matar Paneer	Veg Fried Rice	Butter Chicken	Cholle	Veg Biryani	Veg Hakka Noodles
	Tomato Sauce	Mix Veg	Maggi	Methi Malai Paneer	Paneer Bhurji	Raitha	Schezwan Paneer
	Rasam	Rasam	Pepper Roast Paneer	Aloo Gobhi	Chicken Keema Matar	Brinjal Salana	Schezwan Chicken
	Onion Salad	Gulab Jamun	Pepper Roast Chicken	Rasam	Rasam	Matar Mushroom	Jelly
	Rasgulla		Spring Rolls	Onion Salad	Salad	Chicken Curry	
			White Pumkin Halwa	Moti Pak	Payasam	Brownie	
	Milk			Milk			