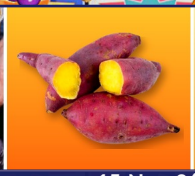
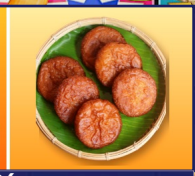



MENU

12 - 15 NOVEMBER 2026



Date	12-Nov-26	13-Nov-26	14-Nov-26	15-Nov-26
Day	Thu	Fri	Sat	Sun
CHOTA				
Bun	Bun	Bun	Bun	
Beverage	Tea	Tea	Tea	
BREAKFAST				
Beverage	Hot Milk/Bournvita/Boost/Coffee	Hot Milk/Bournvita/Boost/Coffee	Hot Milk/Bournvita/Boost/Coffee	Milk/Milk Shake/Tea
Cereals	Corn Flakes/Chocos	Oats Porridge	Millet Cereals	Masala Dosa - Sambar
Bread	Toast/Fruit Bread/Brown Bread	Toast/White Bread/Brown Bread	Toast/Oats Bread/Brown Bread	
Jam/Butter	Mixed Fruit Jam/Butter	Mixed Fruit Jam/Butter	Mixed Fruit Jam/Butter	
Main Dish	Semiya Upma	Idly	Poori Masala	
2nd Veg Dish	Paneer Bhajji	Sambar		
Egg/Sausages	Fried Egg			
Sauce	Chutney	Coconut Chutney		Coconut Chutney - Tomato Chutney
MID MORNING				
Fruit/Snacks	Cup Cake	Bakery	Layer Loaf Cake	
Beverage	Tea	Tea	Tea	
LUNCH				
Rice	Rice	Rice	Rice	Masala Rice
Indian Bread	Sesame Chapathi	Multi Grain Chapati	Whole Wheat Chapati	Fried Lentils Curd Rice
Pulses/Dal	Rajma with Veg Curry		Bhindi Sambar	
Veg/Paneer	Snake Gourd Subzi	Soya Fry	Beetroot Peanut Poriyal	
Veg.2/Conti		Red Cabbage Peanut Poriyal		
Non Veg/Pepper Water	Rasam	Egg Roast Curry	Rasam	
Raita/	Curd	Curd	Curd	Chutney
Salad/Papad	Papad		Papad	Masala Papad
Pickle/Chutney	Pickle	Pickle	Pickle	Pickle
Fruit/Dessert	Fruit	Fruit	Fruit	Fruit
EVENING SNACKS				
Snacks	Boiled Green Gram	Raw Banana Bhajji	Samosa	Peanut Spread Bread
Beverage	Tea	Tea	Tea	Coffee
DINNER				
Soup				
Rice	Rice	Mughlai Pulao	Chicken Biryani	Rice
Bread	Butter Naan	Chapathi		Whole Wheat Chapati
Pulses/Dal/Veg		Dal Tadka	Mushroom Green Peas Curry	Dal Fry
Veg/Paneer	Butter Paneer Masala	Paneer Jalfrezi	Paneer Biryani	Malai Kofta
2nd Veg./N- Veg/Conti				
Non Veg	Butter Chicken			Chicken Curry
Pepper Water	Rasam			Rasam
Fruit/Dessert	Custard Cake	Rawa Kesari	Brownie	Moong Dal Payasam
Milk		Hot Milk		
Approx. Calories	2890 kcal	2790 kcal	2762 kcal	2690 kcal

*** Menu subject to change according to the availability of seasonal vegetables & raw materials ***