			May Care				
		28		A Paris			
A		-		3 N 7 W 7			
		7	NI b	ENU			
Date	11-Aug-25	12-Aug-25	13-Aug-25	14-Aug-25	15-Aug-25	16-Aug-25	17-Aug-25
Day	Mon	Tues	Wed	Thu	Fri	Sat	Sun
				СНОТА			
Bun	Bun	Bun	Bun	Bun	Bun	Bun	
Beverage	Tea/ Flavoured Milk	Tea/ Flavoured Milk					
				REAKFAST			
Beverage	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Milk/Cold Coffee/ Tea				
Cereals	Porridge	Porridge	Porridge	Chocos/ Cornflakes	Porridge	Milet	Variety Dosa - Sambhar
Bread	Toast/ White Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Fruit Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	
Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter Idly	Mix Fruit Jam/Butter	
Main Dish	Semiya Upma Bread Bhaji	Appam	Pongal- Sambhar Vada	Poha Fried Egg	Sambhar	Macaroni in Red Sauce	
2nd Veg Dish	Boiled Egg	Veg Stew	Vada Omelets		Samonar	Chilly cheese Toast French Toast	
Egg/Sausages	CC	Construct Charter		Cheese croquette	Construct Chartering	Tomato Chutnev	
Sauce	Chutney	Coconut Chutney	Chocolate sauce/ Chutney	Chutney  MORNING	Coconut Chutney	Tomato Chutney	Coconut Chutney - Tomato Chutney
		I			Pastry, Ladoo, Cookies, Dal Vada,&	I	
Fruit/Snacks	Carrot Cake	Butterscotch Cup Cake	Cookies	Coleslaw Sandwich	Tea	Black Forest Pastry	Cake
Beverage	Ice Tea / Tea	Tang /Tea	Tang / Coffee	Tang /Tea	Tang / Coffee	Tang /Tea	Tea
				LUNCH			
Rice	Steamed Rice	Jeera Rice	Steamed Rice	Bisi Bele Bath	Rice	Rice	Pulao
Indian Bread	Whole Wheat Chapati	Whole Wheat Chapati	Curd rice				
Pulses/ Dal	Sambhar	Banjara Dal	Rajma	Lauki Dal	Dal	Sambhar	
Veg/ paneer	Beetroot Proyal	Bhindi Do Pyaza	Aloo Gobhi	Brinjal Bharta	Soya Manchurin	Kundru ki Sabji	Veg Kholhapuri
Veg.2/ Conti	Vada	Dubki Wale Aloo		Chutney	Cabbage Foogath		
Non Veg/ Pepper Water	Rasam	Rasam	Rasam	Rasam	Egg Curry	Rasam	
Raita/	Curd	Raita	Raita	Curd	Curd	Curd	
Salad	Salad	Salad	Salad	Salad	Salad	Salad	Pappad
Pickle/ Chutney	Pickle	Pickle	Pickle / Pappad	Pickle / Pappad	Pickle	Pickle	Pickle
Fruit/ Dessert	Fruit	Ice Cream	Fruit	Fruit	Fruit	Fruit	Fruit
				ING SNACKS			
Snacks	Chinese Roll	Pizza Roll	Doughnut	Pizza	Scrambled Egg/ Veg Puff	Samosa	Jam Bread
Beverage	Coffee	Tea	Tea	Coffee	Tea	Tea	Coffee
		1		DINNER	1	1	
Soup	G. In:	M 1 5:	Broccoli Soup	W 1	D.	V 5:	p.
Rice	Steamed Rice	Masala Rice	Penne in Creamy Sherry Rose Sauce	Kashmari Pulao	Rice	Veg Biryani	Rice
Bread Prolocy (Del/Wee	Whole Wheat Chapati	Rogani Roti	Garlic Bread	Butter Naan	Bhutara	Material 1	Whole Wheat Chapati
Pulses/ Dal/ Veg	Dal Banjara	Dal Panchmel	Veg Au Gratin	Dal Makhani	Cholle	Matar Mushroom	Dal Fry
Veg/ paneer	Paneer Lababdar	Paneer Butter Masala	Veg Cutlet	Paneer Tikka Masala	Aloo Methi Masala	Brinjal Salana	Malai Kofta
2nd Veg./ N- Veg/ Conti	Chieless I shelden	Aloo Gagar Matar	Lemon Herb Grilled Chicken	Chilli Gobhi	Onion Salad	Chicken Biryani	Chishan Barata
Non Veg	Chicken Lababdar Rasam	Salad	Egg Cutlet Russian Salad	Chicken Tikka Masala Rasam	D a com	Chicken Curry Raita	Chicken Rezala Salad
Pepper Water	Chocolate Peda	Salad Gulabiamun	Chocolava	Kasam	Rasam Mysore Pak		Dal Payasam
Fruit/ Dessert	Unocolate reda	Gulabjamun	Cnocoiava	Kneer	Mysore Pak	Suji Halwa	Dai Payasam

\*\*\* Menu subject to change according to the availability of seasonal vegetable & raw material \*\*\*

Hot Milk

Hot Milk

Milk