



The Laurencian

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NEWS LETTER OF THE LAWRENCE SCHOOL, LOVEDALE



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Editorial

Tradition: A Pathway to Progress

As The Lawrence School, Lovedale marks its 166th Founder's Day, we are reminded of its longstanding legacy. With over a century and a half of history, The Lawrence School has cultivated a tradition of excellence, discipline, and unity. However, as we stand on the threshold of the future, it is important to reflect on how tradition can coexist with progress, especially in a rapidly changing world.

Legacy schools like ours are often seen as custodians of time-honoured traditions. The ceremonial parades, the solemn Beating Retreat during the Founder's Day celebrations, and other deeply rooted practices have become symbolic of our values and are markers of our shared identity. Yet, as revered as these traditions are, they should not become barriers to innovation. The true essence of tradition lies in continuity, not in the resistance to change.

The Lawrence School, Lovedale, has always been adept at walking this delicate line between preserving its heritage and embracing modernity. Our Founder's Day is a perfect reflection of this balance. While the parade and other rituals pay homage to our past, including newer elements—like robotics exhibitions and wellness activities such as yoga and calisthenics—demonstrate how we adapt to the demands of a rapidly evolving world.

This philosophy is evident in the classroom, too. Integrating contemporary learning methodologies with a rigorous academic structure ensures that our students benefit from both the wisdom of traditional education and the tools of modern learning. Our vibrant co-curricular ecosystem, from the Literary Society and Astronomy Club to robotics and environmental initiatives, exemplifies how tradition and innovation can coexist harmoniously, enriching the overall development of our students.

A legacy school like ours cannot afford to remain static. Our legacy demands we evolve continuously, ensuring we stay relevant and forward-looking. Tradition should serve as a foundation upon which we build, not a constraint that limits our progress. Just as past generations used the School's values to face the challenges of their time, it is our responsibility to prepare students for the world of tomorrow.

The beauty of our traditions lies in their ability to provide stability and a sense of belonging. However, progress must never be sacrificed at the altar of tradition. As we celebrate this milestone, let us pledge to maintain the delicate balance between honouring our heritage and embracing the new ideas that will shape our future. The Lawrence School, Lovedale, has done this for 166 years, and this adaptability will continue to guide us through the years ahead.

Here's to a future where tradition remains a cornerstone, but never a barrier to progress.

Chairman's & Headmaster's Address at 166th Founder's Day Celebrations 'Reflecting on Tradition and Embracing the Future'



The essence of life is to do well yourself, and when you do well, to extend yourself and live for something larger than yourself. That is what makes a person.

– Shri. Sanjay Kumar, IAS



"Your alma mater, the Good Old School, watched over you as you grew up. Your School loves to see you when you are grown up. Do visit the school and fulfil the wish of your good old school."

– DVS Rao, Headmaster

Oxford Word of the Year 2023: "Rizz"

The Oxford Word of the Year for 2023 has been announced, and it's a term that's been buzzing throughout the year: **"rizz."**

After tallying over 32,000 votes and consulting a team of language experts, Oxford chose "rizz" to represent the year. The word reflects the growing emphasis on personal and professional charisma—essentially, how you captivate and engage others.

"Rizz" is a playful shorthand derived from the middle part of the word **"charisma."** It describes someone's knack for attracting attention through their charm, style, or overall appeal. This pattern of shortening is not new; similar examples include "fridge" from "refrigerator" and "flu" from "influenza."



A Glorious Celebration : Highlights From The 166th Founder's Day At The Lawrence School, Lovedale

The 166th Founder's Day Celebrations at The Lawrence School, Lovedale, held from May 23 to 26, 2024, were a splendid display of tradition, culture, and student talent.

The festivities began with a wave of creativity and intellectual engagement. The school evolved into a dynamic space featuring a fascinating book exhibition that attracted avid readers. Students showcased their artistic abilities through an array of exhibitions, including art, sculpture, pottery, and weaving. Additionally, the Departments of Computer Science and Social Studies demonstrated their cutting-edge projects, reflecting the institution's commitment to modern education. "The Spectacle" 2024 was graced by Mrs. Carolyn Goodman, an Old Lawrencian from the class of 1974. The day concluded with the "Sunset Sensation," where spectators were enchanted by student perfor-

mances in yoga, taekwondo, and diverse dance forms, celebrating the balance of mind, body, and spirit. Ms. Kala Devarajan, also from the Class of 1974, honored the occasion as the Chief Guest.

The second day was highlighted by the much-awaited production of the classic English play "My Fair Lady." This exceptional performance, which brought the iconic characters to life with remarkable skill, was attended by Ms. Vinna Appaya, a distinguished Old Lawrencian from the class of 1974, who served as the guest of honor. The day also featured the impressive "Galloping Joy" equestrian display, showcasing the students' equestrian prowess. Mr. Srikumar Balasubramaniam, an alumnus from the class of 1994, was the chief guest for this segment. The evening was further enlivened by "Kaleidoscope," a variety entertainment show,

with Ms. Robina Jolly serving as the chief guest for this vibrant showcase.

On the final day, the celebrations commenced with a ceremonial parade, during which the School colors were proudly trooped. Shri Sanjay Kumar IAS, Secretary of the Department of School Education & Literacy, Ministry of Education, Government of India and Chairman Board of Governors was the distinguished chief guest for this occasion. The festivities culminated with the traditional Beating Retreat, a stirring performance by the three bands and drummers, as the school flag was lowered to mark the end of the celebrations. The esteemed Lt. General K S Brar AVSM, General Officer Commanding the Dakshin Bharat Area, was the Chief Guest for the Beating Retreat.

Exhibitions



Trooping the Colour



Beating Retreat



Of Reports and Reporting !



Prize Giving Ceremony



Equestrian Display



Sunset Sensation



School Play



Variety Entertainment



Of Reports and Reporting !



Empowering Excellence: The Investiture of the Prefects 2024-25

The Investiture of the Head Boy, Head Girl, the Vice Head Boy, Vice Head Girl, and the Prefects at The Lawrence School, Lovedale for the academic year 2024-2025 was graced by Chief Guest Dr. Shonali Chinniah, parents of the prefects, guests, staff, and students. The ceremony commenced with the School song 'Sabse Sunder,' followed by the introduction of the Chief Guest by the Headmaster, Mr. D. V. S. Rao. Oaths of office were administered to the Head Boy, Head Girl, Vice Head Boy, Vice Head Girl, and House Prefects, with the Chief Guest, Headmaster, Deputy Headmaster, Mistress-in-charge of Girls' School, Housemasters, and Housemistresses conferring the epaulettes.

The Prefectorial body, led by the Head Boy and Head Girl, pledged to uphold integrity, compassion, and commitment in their leadership roles. Dr. Shonali Chinniah delivered an inspiring address, emphasizing the importance of leadership. The ceremony concluded with the National Anthem and a dinner on the Front Lawns for guests, parents, staff, and the students of Class 12.



Inauguration of the Newly established Theatre Club



The newly established theatre club, "Cathartics," was inaugurated on 20th April at The Lawrence School, Lovedale, with great enthusiasm. The event, held in the Large Hall, was attended by students from classes VIII to XII. Major (Dr) Mohammed Ali Shah, an alumnus of the School and a renowned motivational speaker and actor, graced the occasion as the chief guest. After a warm welcome from the Headmaster and an introduction by the Deputy Headmaster, Major Ali Shah delivered an inspiring speech, sharing his experiences in theatre and motivating the students to embrace their creative potential.

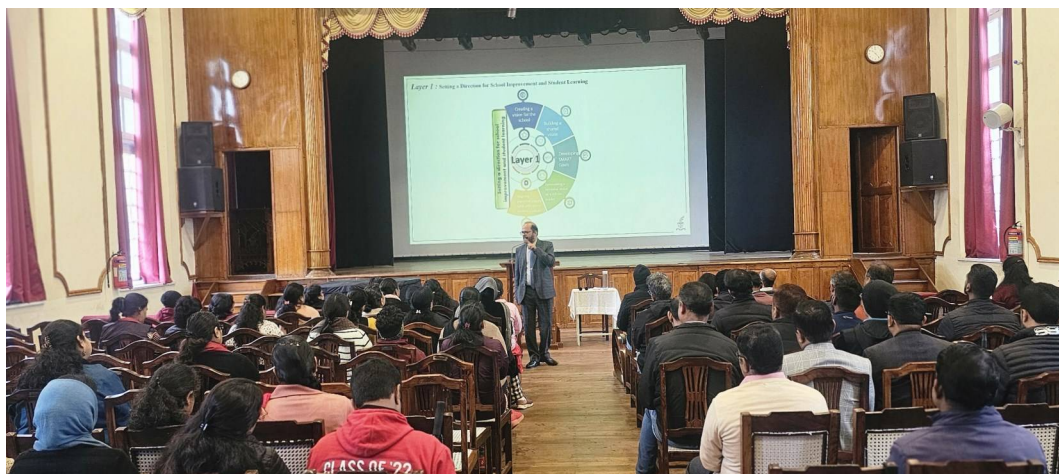
Following the inauguration, Major Ali Shah conducted a theatre workshop, offering students valuable insights into theatrical techniques and stagecraft. The workshop sparked excitement among the students, encouraging them to delve deeper into the world of drama and acting. The event concluded with a vote of thanks from the Head of the English Department, with students leaving inspired and eager to participate in the vibrant new theatre club, "Cathartics." The inauguration marked the beginning of a dynamic theatrical journey for the School community.

Commencement of the New Academic Session After the Monsoon Vacation

The new academic session commenced on July 26, 2024, following the Monsoon vacation. The day began with a general staff meeting, which was followed by a workshop for the academic staff.

The workshop, conducted by Mr. D. V. S. Rao, the Headmaster, focused on pedagogical leadership as well as pedagogical strategies and techniques. This session aimed to enhance the staff's leadership capabilities and teaching methodologies in preparation for the upcoming academic year.

The event marked a productive start to the session, underscoring the institution's commitment to excellence in educational and professional development.



Girls' School Cultural Evening

A cultural evening was organised by the students of Girls' School on August 3, 2024. The evening commenced with an invocation dance. The event was a joyful confluence of music, dance and drama from different parts of the country. Students got an opportunity to exhibit their varied talents and enhance their skills.

Overall, it was a much needed ice-breaking session after the long monsoon vacation.



Of Reports and Reporting !



Sculpt 24 - Prep School

On 3rd August 2024, the Prep School hosted "Sculpt 24," an inter-house Sculpture & Pottery Competition, where two boys and two girls from each House participated. The theme encouraged students to create sculptures of any animal or bird, and over two hours, they skillfully transformed their ideas into tangible art. A panel of senior students and a subject teacher evaluated the pieces based on thematic interpretation, craftsmanship, and originality. The competition highlighted the creativity and talent of the young sculptors, with all participants and winners receiving well-deserved congratulations for their exceptional contributions.

Individual Positions

Position	Name	House	Score
First	Mahasravnayan K	Sumeru	75.5
Second	Teertha M	Sumeru	71
Third	Chaital Abhyas M	Vindhya	67

House Points

Position	House	Score
First	Sumeru	252
Second	Aravalli	234.5
Third	Vindhya	216
Fourth	Nilgiri	185.5



Gardening in Junior School – Taking Our First Steps

On 8th August 2024, Mr. Swetank Prakash, from the Department of Humanities and Assistant Housemaster of Sumeru House (JS), initiated gardening activities in the Junior School with great enthusiasm. A group of Junior School boys began by clearing weeds from the flower rows around the portico, marking the beginning of this exciting new venture. Their dedication set the foundation for what is hoped to be a continued effort in caring for the gardens in the days to come.



Freshers' evening programme 'Hide not your talents, they for use were made' -Benjamin Franklin

The Aravalli and Nilgiri Freshers' Evening Programme was held on August 11th, 2024, in the Prep School Large Hall to welcome new students. Distinguished guests, including Ms. T. Lata, Dr. Beena Varghese (DOA), Mr. B. Suresh (DOS), and other staff members, attended the event. Aravalli House's segment was hosted by Kavyaa Singh and Gaurika, featuring a classical dance, choir performance, artwork display, a speech, and a vibrant Western dance, all of which were enthusiastically received by the audience. Notable performances included a classical dance by Class 5 students and a choir performance by Aviira, Navasri, Devanshi, Aaradiya, and Vaishnavi.

The Nilgiri House followed with equally dynamic performances, compered by Samyra, Vaanya Chaudhary, Aaradhya, and Adhira. The highlights included a classical dance by Boinapalli Aaradhya, a rhythmic dance by the Nilgiri boys, and a blindfolded piano recital by Seher, which captivated the audience. The Nilgiri boys also performed a skit showcasing creativity and teamwork, while Samyra delivered a solo song. The event concluded with a lively group dance by the Nilgiri girls, leaving guests impressed with the talent, effort, and energy demonstrated by all students.



The Lawrence School, Lovedale Excels at Welham Boys' MUN 2024

A delegation of eleven students from The Lawrence School, Lovedale, participated in the Welham Boys' School Model United Nations Conference, Dehradun, from August 8 to 10, 2024. Students from 37 schools engaged in debates and negotiations on pressing global issues such as the Arab-Israel Conflict, modern weapon threats, humanitarian aid during conflicts, and control of strategic chokepoints. The students represented different countries and showcased their preparation and understanding of international relations through active participation in simulated diplomacy.

The conference helped students enhance their skills in research, public speaking, negotiation, and teamwork while deepening their understanding of international diplomacy. Key achievements included Kamalini Ramesh and Gopika being recognized as Outstanding Delegates in the United Nations Historic Security Council, Ananya Bhargava receiving an Honorary Mention in the Economic and Social Council, and Vedang Gupta and Aahan Lahoti earning mentions in INTERPOL. The experience fostered leadership, confidence, and global citizenship.



Of Reports and Reporting !



Teacher Training

A workshop was conducted by Ms. Merlyn M Fernandes for the teachers on 14th August, 2024. The primary objective of the workshop was to sensitise teachers to the needs of students who are differently abled, particularly those with Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), Learning Disabilities (LD), and Oppositional Defiant Disorder (ODD). The workshop aimed to equip teachers with the knowledge to identify signs of these conditions and provide effective support in the classroom and beyond. Teachers participated in group quizzes and discussions to reinforce learning.

The teachers expressed their appreciation for the practical and insightful content as well the engaging nature of the quizzes. They found the workshop to be highly beneficial in enhancing their understanding and ability to support students with special needs.



POCSO Awareness Session for New Students

On August 15, 2024, a comprehensive session on the Protection of Children from Sexual Offences (POCSO) Act was held for new students in classes 9 and 11 at the Girls' School. Led by the Counselor, the session covered critical topics such as recognizing different forms of sexual abuse, the procedures for reporting such incidents, and students' legal rights under the POCSO Act. Emphasis was placed on understanding abuse, immediate reporting mechanisms, online safety, and personal empowerment. Peer Educators Emayaa P. and Krishiv Agrawal conducted quizzes to reinforce these concepts and gauge the students' understanding.

In addition to the session for older students, age-appropriate POCSO Act sessions were conducted for new students in classes 5 through 8. These sessions were tailored to young audiences, ensuring they understood the importance of safety and their rights in a manner suitable for their age group. The overall aim was to educate and empower students across different age groups, ensuring they are informed and vigilant about their safety and well-being.

ONLINE ABUSE - Cyber Grooming

The cyber groomer builds trust with the victim by lavishing them with compliments, gifts, time and attention only with the purpose of exploiting the victim sexually.

They will request the victim to share pictures, videos, phone number, address and other details.



Answer True or False

- Boys are less at risk of child sexual abuse
- The offender is mostly a stranger
- It's best to be silent when if we experience abuse
- The offender will stop abuse if we keep silent
- Sexual offence is only physical in nature
- We must report the matter to a trusted adult
- We must make fun of someone who has experienced abuse

Celebrating Freedom: The Lawrence School Marks 78th Independence Day with Dignity and Pride

On August 15, 2024, The Lawrence School, Lovedale, marked the 78th Independence Day with a ceremony honoring patriotism and national pride. The event, graced by Air Vice Marshal KV Surendran Nair, VSM and his wife, Mrs. Priyadarshini Nair, began with a formal Guard of Honour and the ceremonial flag hoisting. Parvathy from Class 12 introduced the chief guest, and the program featured a heartfelt rendition of the national anthem, uniting everyone in a shared sense of patriotism.

The celebration continued with engaging student contributions, including Aanya Ray's compelling English speech on independence and Rajeev's heartfelt Hindi address emphasizing India's unity and diversity. The School choir's patriotic song added an emotional touch, while Samrat from Class XI expertly managed the event. The Headmaster, Mr. D. V. S. Rao, highlighted the contributions of lesser-known freedom fighters, and the chief guest's address focused on themes of patriotism and national duty. The ceremony concluded with a vote of thanks by Head Boy Vidhur, providing a fitting end to a memorable day.

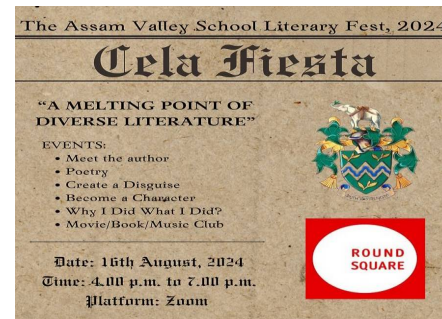


Of Reports and Reporting !



Lawrence School Students Shine at Assam Valley School's 'Cele Fiesta' Literary Fest 2024

On August 16, 2024, ten students from The Lawrence School, Lovedale participated in the "Cele Fiesta 2024" literary fest hosted by Assam Valley School via Zoom, as part of the Round Square initiative. Guided by Ms. Divya Subramannian and Mr. Gijo Joseph, the students engaged in various literary activities, including character impersonation, music, book and movie clubs, poetry presentations, and author interactions. Their performances were well-received, earning appreciation from the organizers, and the fest provided a valuable learning experience, fostering a love for literature among the participants.



AFS Domestic Exchange Program

Third AFS Domestic Exchange program was conducted between 11th to 17th August 2024. 24 girls from classes 7 and 8 went to Rajmata Krishna Kumari Girls Public School, Jodhpur and 20 girls of the same age group had come to The Lawrence School, Lovedale.

This exchange program enabled intercultural learning on both sides which included various activities like dance, art and craft, trekking, sightseeing and other such activities.



An Evening of Joy and Merriment

On Saturday, August 18, 2024, the senior boys enjoyed a day filled with entertainment and excitement at their cultural talent show. This event served as a dynamic platform for them to display their unique talents and skills, offering a constructive outlet for their energy. The boys showcased a diverse range of performances, including captivating dance routines, impressive band performances, heartfelt songs, and entertaining skits. The talent show was not just a source of enjoyment but also a testament to their creativity and enthusiasm.



Tamil Inter-House Junior School Poem Recitation Competition

The Tamil Inter-House Poem Recitation competition for Junior School was held on the 21st of August 2024. The event witnessed enthusiastic participation from around forty boys and girls, making the competition incredibly fierce and challenging to judge. The Tamil students delivered outstanding performances, reciting a diverse range of Tamil poems across five distinct categories: Sangam, Bakthi, Sitrilakkiyam, Ikkala Ilakkiyam, Nattuppura Ilakkiyam, and the epic Silappathikara Kappiyam. Each participant showcased his/ her deep understanding and passion for Tamil literature, bringing the beauty and richness of the language to life. The audience was full of admiration for the students' performances and appreciated the effort and dedication that each participant put into their recitation.

The event was a tremendous success, reflecting the students' love for Tamil literature and their exceptional talent in oratory.

Winners of the event

- Class VI : 1. Aniruth, 2. Krisha, 3. Kamalika, 4. Vedant
Class VII : 1. Sanjive Kaarthik V, 2. S.S Dhanvantika, 3. Aadhina Gunasekaran
Class VIII : 1. Kishanth S, 2 V. Sanjith, 3. Mithun, 4. Vedant



Inter-House Hindi Poem Recitation Competition

The Inter-House Hindi Poem Recitation competition for Class IX and X, held on August 28, 2024, showcased impressive student talent in Hindi poetry. Aashna and Siri Suresh from the Sumeru House secured the first positions in their respective classes, with Vindhya House emerging as the overall winner with 179 points. The Nilgiri House followed in second place with 169.5 points, while the Sumeru House and the Aravalli House placed third and fourth, respectively. The event highlighted the students' eloquence and creativity, with commendations for all participants and winners for their exceptional performances.



Of Reports and Reporting !



Fostering Oratory Excellence: Junior School Inter-House Debate Competition

The Junior School Inter-House Debate for Classes VI to VIII was held on 17th August 2024 in the Junior School Activity Hall, with the topic 'This house believes that Peer Pressure is constructive.' Organized by the Department of English, the event allowed students from all four Houses to showcase their debating skills, presenting arguments for and against the motion with confidence and poise. The participants were judged on content, expression, and fluency by Ms. Merlyn, Ms. Sangeetha Jairam, and student judge Miss Gopika. The Headmaster and the Deputy Headmaster praised the debaters for their performances, and the competition enhanced the students' confidence and oratory skills, providing a valuable learning experience for both participants and the audience.



Session on Dining Etiquettes

On August 23, 2024, a comprehensive session on Dining Etiquette was conducted for the students of the Girls' School by Counselor Ms. Merlyn. The session covered essential dining manners, including proper body language, polite facial expressions, and the importance of handling food hygienically. Students also learned about tea and dessert etiquette, with practical tips on handling teacups and eating desserts. The interactive session featured videos on elegant dining and encouraged active participation. Ms. Merlyn emphasized the importance of practicing these etiquettes consistently in various settings to make them second nature.



Exploring Local Ecosystems: Field Trip by Nature Club

On August 23, 2024, the Nature Club organized an educational visit to the School lake, the adjacent marshy land, and the surrounding forest trail, guided by Ms. Sashikala Radhakrishnan, Ms. Sangeetha Jairam, and School security personnel Mr. Ravi. The objective was to offer students a hands-on experience with local ecosystems, focusing on the flora and fauna of each habitat.

The visit began with an exploration of the School lake, where students learned about the significance of aquatic ecosystems and observed water birds, dragonflies, and aquatic plants. Following this, they explored the marshy land adjacent to the lake, discovering species adapted to wetland environments, such as frogs and marsh plants. The marshy land served as an outdoor classroom, where students also observed ongoing OL project activities involving the removal of exotic species and planting of native grasses.



The final part of the trip was a walk through the forest trail, providing students with exposure to dense vegetation and diverse tree species. This segment emphasized the importance of forest conservation. The students also learned about the dandelion's historical and medicinal uses. The activity successfully enhanced students' understanding and appreciation of nature, with recommendations for future visits including longer study times,

T.K. Rengarajan, Corporate Vice President of Data Platform, Cloud & Enterprise at Microsoft, at The Lawrence School, Lovedale

On 25th August 2024, The Lawrence School, Lovedale hosted T.K. "Ranga" Rengarajan, Corporate Vice President of Data Platform, Cloud & Enterprise at Microsoft, along with Mr. Balamurugan (OL). In an interactive session with senior students from classes 9 to 12, Mr. Rengarajan shared valuable insights into Microsoft's Data Platform and Cloud divisions. His talk covered the future of technology, Microsoft's strategic roadmap, and his leadership in driving significant transformations. Students were inspired by his ability to simplify complex concepts and his encouragement to pursue careers aligned with their passions, making the session both informative and motivational.



Of Reports and Reporting!



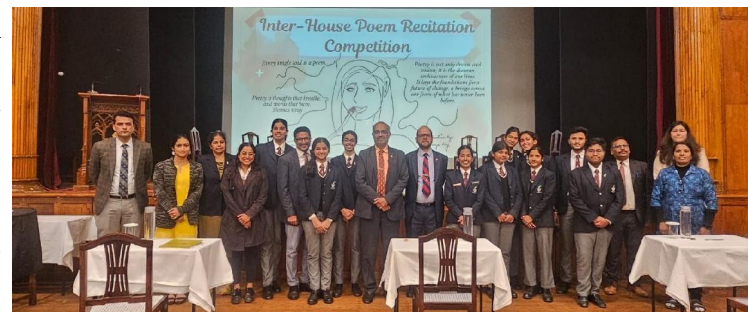
Special Assembly - Crime against Women and Children, Students' role as 'Change-Makers'

On August 26, 2024, the Junior School held a special assembly led by the student group "Change-Makers" and Counselor Ms. Merlyn, focusing on the critical issue of "Crime against Women and Children, and How We Can Become Change-Makers." Students Krisha Prasad, Dhhananjay Jain, Ananya Singh, Rajeev Tarade, Udai Singh Chauhan, Kavyaa Singh, and Samyra Puri presented alarming statistics on sexual assault and discussed the negative societal impacts of media objectification and victim-blaming. They urged their peers to challenge these harmful attitudes and become proactive in creating a safer environment. The assembly concluded with a pledge from the students to uphold and promote the dignity of all individuals, leaving a profound impact on both students and faculty.



Inter House English Poem Recitation Competition for Seniors : A Triumph of Poetic Talent

On August 26, 2024, The Lawrence School, Lovedale hosted a successful Inter House Poem Recitation Competition, featuring a diverse array of poetic styles and performances. The judges—Mr. Sanjay Sharma, Ms. Arundhati M, and Mr. Gopalakrishnan—recognized exceptional talent, with Adrika Zaara Arun taking first place, Gopika S earning second, and Ezra Jovin securing third. Nilgiri House emerged as the top winner with 220.5 points, followed closely by Sumeru House with 218.5 points and Aravalli House with 193 points. The event highlighted the students' creative and literary abilities, with Shambhavi Kaushal's original poem "Who is my Deity?" being a standout moment.



A Memorable Janmashtami Celebration at Prep School

On August 26, 2024, the Prep School celebrated Janmashtami with a vibrant Dandiya dance performance by 22 eighth-grade girls at the Basketball Court. The event, attended by key school officials and Prep School students, featured a lively depiction of Lord Krishna's life, with Aadya Sahu as Krishna and Sanvethaa as Radha. The performance, choreographed by the students, included a colorful portrayal of Vrindavan and was narrated by anchors Samyra and Anvi. The 15-minute show, initiated and supervised by Ms. Rekha V, showcased the students' creativity and enthusiasm in honoring the revered deity.



Senior School Inter-House French Poem Recitation Competition

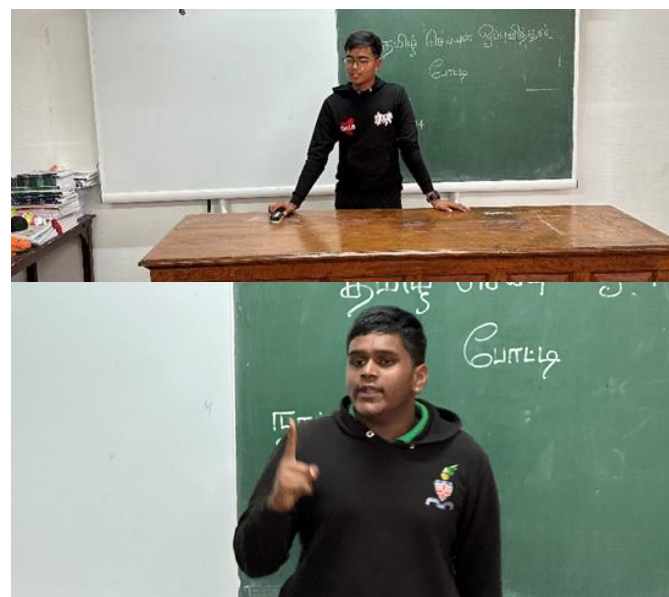
The Senior School Inter-House French Poem Recitation competition was held on August 28, 2024, at 3:30 PM in the Senior School Large Hall, featuring 16 students from grades 9 and 10. The event, judged by Mrs. Preslin, Mrs. Ramya S, and Nirupama Sudhir, and emceed by Shambhavi Kaushal, showcased impressive recitations in French poetry. In Class 9, Sia Kaul Pandita from Vindhya secured first place, while in Class 10, Adrika Zaara Arun from Nilgiri took the top spot. Nilgiri House won the overall competition with 252 points, followed by Aravalli (248 points), Vindhya (245.5 points), and Sumeru (230.5 points). The event highlighted students' talent and enthusiasm for French literature.



Tamil Inter-House Poem Recitation Competition - Senior School

The Tamil Inter-House Poem Recitation Competition took place on 28 August 2024 from 3:30 PM to 4:30 PM at the Senior School MUN room. The event featured enthusiastic participation from around 23 boys and girls, making the competition highly engaging and challenging to judge. The students recited a wide variety of Tamil poems across five categories—Sangam, Bhakti, Sitrilakkiyam, Ikkala Ilakkiyam, Nattuppura Ilakkiyam, and the epic Silappathikaram. Each participant exhibited a deep understanding and passion for Tamil literature, which brought the beauty of the language to life. Special guests, including Ms. Latha, Ms. Kavitha, the Headboy, the Vice Headgirl, and the Senior School Prefects, graced the event, adding to the significance of the occasion. The Headboy praised the participants for their dedication and outstanding performances.

Yeswanth R from IX-B (Vindhya) and Austin Rasyn from X-D (Sumeru) claimed the first positions in their respective categories. S.M. Teju Naahin from IX-C (Sumeru) and Adhish K.V. from X-D (Nilgiri) secured second places, while Ilakkiya K from IX-C (Aravalli), J. Lakshanya from IX-B (Aravalli), and Nitin Sakthi N.M from X-C (Sumeru) earned third positions. In the overall house standings, Sumeru finished first with 404 points, followed by Nilgiri with 375 points, Vindhya with 360 points, and Aravalli with 345 points, making the event a resounding success.



Of Reports and Reporting !



Report on SPLASH 2024: Junior School Inter House Art Competition

The highly anticipated Junior School Inter-House Art Competition, "SPLASH 2024," was held on August 8, 2024, at the Art Department of our School. The event witnessed enthusiastic participation from 24 talented students representing all four houses: Aravalli, Sumeru, Vindhya, and Nilgiri.

The competition was divided into three categories based on class, and each participant displayed remarkable creativity and artistic skill. The winners in each class category are as follows:

Class VI:

1st Position: Shivanshi Pratibha Poddar
2nd Position: Krisha Prasad
3rd Position: Ira Goyal

Class VII:

1st Position: Aahana Agarwal
2nd Position: Advik Mishra
3rd Position: Aryan Rajendra

Class VIII:

1st Position: Krishav Tekriwal
2nd Position: Rachabattuni Prasunnambika
3rd Position: Dhairya Tanya

The event was a celebration of young artistic talent, and the participants, along with their Houses, contributed to the spirit of creativity and competition.



The Inter-house Hindi Poem Recitation Competition

The Inter-House Hindi Poem Recitation Competition was held on 21st August 2024 at The Lawrence School, organized by the II Language Department for students of classes VI, VII, and VIII. Participants from all four Houses – Vindhya, Nilgiri, Aravalli, and Sumeru – showcased their linguistic and expressive skills, with judging based on clarity, intonation, expression, and pronunciation. In class-wise results, Avishka Sharma and Ahaan Johri Rane from Vindhya excelled in Class VI, while Advik Mishra from Nilgiri led in Class VII, and Rajeev Tarde and Ananya Singh from Nilgiri secured top spots in Class VIII. The Nilgiri House emerged as the overall winner, followed by Vindhya, Aravalli, and Sumeru. The event celebrated the importance of language learning and cultural appreciation, concluding with encouragement from teachers who praised the students' efforts and enthusiasm.



Erudition Explorers: Inter-House Humanities Quiz Competition - Senior School

The much-awaited "Erudition Explorers" Inter-House Humanities Quiz Competition for the Senior School was held on August 29, 2024. This intellectually stimulating event featured multiple rounds, challenging participants in History, Geography, Psychology, Economics, Business Studies, Accountancy, and Political Science.

Brimming with enthusiasm, the competition served as a dynamic platform for students to display their extensive knowledge and curiosity.

Results:

First Position: Sumeru House - 125 points

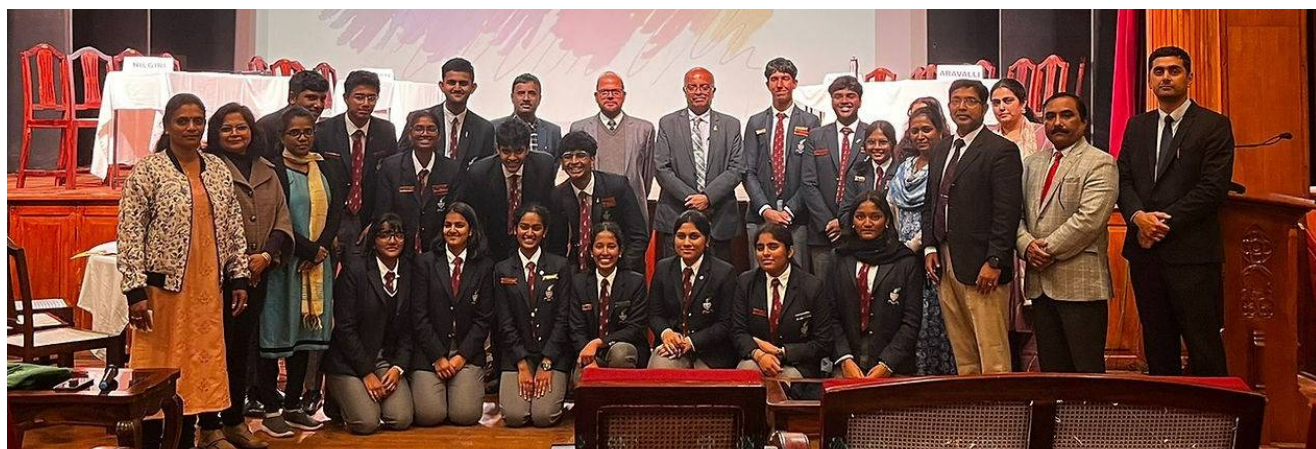
1. Gopika S., Class 12 C
2. Nirupama Sudhir, Class 12 B
3. Vedang Gupta, Class 12 A
4. Vansh Agarwal, Class 12 A

Second Position: Nilgiri House - 110 points

1. Anushka Fogla, Class 12 B
2. Yashas Chandra, Class 12 C
3. Khushal Mantri, Class 12 A
4. Kamalini Ramesh, Class 12 C

Third Position: Vindhya House - 90 points

1. Bismi Aqib, Class 11 C
2. Agnidipto Nanda, Class 11 B
3. Zaira Fathima, Class 12 C
4. Nishika Tanna, Class 12 A



Of Reports and Reporting !



Enhancing Handwriting Skills: A Comprehensive Training Program at The Lawrence School, Lovedale

The Lawrence School, Lovedale, recently conducted a 12-hour Handwriting Training Program for 30 academic staff members, facilitated by Writewiz on 29 and 31st August, 2024. Led by expert trainers from Rorito, Mr. Peter Aloysius and Mr. Sam Titus, the sessions focused on the technical aspects of letter formation in the English alphabet. The training emphasized the importance of each stroke and curve in creating legible handwriting, while also covering key elements like posture, grip, and book positioning.



This comprehensive training aimed to equip teachers with the skills needed to improve students' handwriting. By mastering these techniques, teachers can now guide students towards developing clearer, more consistent handwriting, which is essential for their academic success.

Sports Roundup



The Lawrence School Triumphs Again: U-19 Football Team Wins Inter-School Tournament

The Lawrence School U-19 boys' football team showcased their remarkable skill and dedication, clinching the championship once again in the Inter-School Football Tournament held at St. Joseph's School, Coonoor on 24 August 2024. Their path to victory was challenging, as they navigated tough competition from Riverside Public School, Laidlaw School, and St. Joseph's School in the league matches. They then advanced past International Community School in the semi-final and secured their victory in a thrilling final against St. Joseph's School, Coonoor, with the game ultimately decided in a penalty shootout.



The team's success was driven by the exceptional goalkeeping of captain Rehan Abbas, whose performances were crucial in securing the title. Pratham Bikkani of Class 11 was honoured with the Best Player of the Tournament award for his outstanding contributions on the field.

A special note of appreciation is due to Mr. Mohanamurali, the team's dedicated coach. His strategic guidance and unwavering support were instrumental in the team's success, helping them to refine their skills and execute their game plan effectively.

In a poetic twist of fate, the victory echoes the achievements of the past. In 2001, Mr. D. V. S. Rao, then a Mathematics teacher and football coach, led the U-19 team to a grand victory. Now, as Headmaster in 2024, Mr. D. V. S. Rao has once again played a pivotal role in guiding the team to triumph, continuing a legacy of success. This achievement is especially remarkable as the School has clinched the trophy consecutively in 2023 and 2024, creating a beautiful parallel in their ongoing tale of triumph and resilience.

The Staff Badminton Team Triumphs at Suresh Memorial Nilgiri District Badminton Tournament

On August 17, 2024, our staff badminton team celebrated a notable victory at the Suresh Memorial Nilgiri District Badminton Tournament held at Anna Stadium. The team excelled across various age categories, with badminton coach Prakash C securing the Runners-Up trophy in the Over 35 Doubles Category, while Dr. Raji Philip and Mr. Dilip Kumar triumphed in the Men's Over 50 Category. Their impressive performances highlighted their skill, experience, and determination, bringing pride to our School.



Creative Corner !

Locked Emotions

Aliya Sahu
VIII A



Do you have that feeling where you keep your emotions locked?
You don't let them out at all; they are just blocked.
Not allowing yourself to even talk about it,
Just taking control and quietly sitting.
You don't express how you feel,
But you have to, to help you heal.
Keeping it inside and not sharing,
Then how will you know that some people are caring?
Sometimes, crying out and talking is something you have to do.
Will you always keep your emotions locked inside of you?

The Dawn

Ananya Singh
VIII C

'Tis the dawn of a new morn,
but there is no sun in my sky.
Safe from those hungry, crying eyes,
but thrust into a world of lies.
'Tis the dawn of a new morn,
but my garden is covered in frost.
In my own home, I begin to feel lost.
'Tis the dawn of a new morn,
but no birds are chirping in the sky;
no fowls bellowing their cry;
no people to meet by.
'Tis the dawn of a new morn,
but the busy roads are now empty.
I have my people beside me,
but nothing between us but apathy.
'Tis dawn in a world of lies,
yet there is still no sun in my sky.

Light of Our Heart

Gaurika Rathore
VII A

Let's fill our thoughts with light
so that they shine,
like a shining star at night.
Those thoughts, clouds so bright,
will help you surpass the dark phases of life.
They will always shine, bright as a thought,
and guide you to the right path all along.
Getting lost, going into the darkness,
and wondering whom to trust,
but it's time to notice that the brightness was in you all along.

Villains

Praneeth

The path to glory was everyone's story.
The paths differ; the hard ways make the bad ones.
But aren't they just bad to society?
Those who choose the easy path are called "HEROES."
Those who choose the hard path are called "VILLAINS."

The Sky...

Treya Rao
IX D

I can see that the sky has turned pink,
In the clouds as the sun sinks.

Oh! What a lovely sight
Before it turns dark and night

As you gaze at it while you sit
You feel like painting it.

It slowly starts to get quiet
As there isn't a single bird in sight.

As you slowly sigh
You realize the night has already come by.

Everything has turned melancholic
As you shut your eyes slowly.

My Deity

Shambhavi Kaushal
XC

Who is He? Who is He?
Who is my deity?

Is He the one who makes me laugh,
Or is He the one who makes me cry?
Does He intend to leave me all alone?
Or does He plan to be by my side?

Does He move the mountains?
Or does He make the sun weep?
Does He make the wind rage?
Or is it His own rage to keep?

Is He angry at his little pitiful devotees?
Who have nothing better to turn to than Him?
Or is He proud of us little pitiful devotee,
Who trust Him to no end?

For it was not He who created man,
Because He was lazy.
No. it was man who created Him
Because we were lonely.

Who is He?
Who He?
Is He the one who lifts me up to the sky and higher than that?
Or is He the owner of the feet I can't help but fall at,

Who is He? Who is He?
Who is my deity?

Second to Seventh

Ihita Dhasmuna

I used to cry and lost my shine.
I'm stuck in second grade,
yet she brings me back again.
I can't help but say you made me smile again.
Others have tried and failed,
while those who brought me back again.
I had to say goodbye to them because I couldn't stay,
but never again. To them I'll say,
"You're my change of mood,
my summer, winter, and fall.
I would spring to follow you,
the version of me that I hold inside."

AI: Current

Vaani Atal
X B

As of today, AI Technology continues its rapid growth, transforming industries, overnight. From autonomous vehicles to personalized health care, AI continuous to spread its magic everywhere. AI enhances personalized experiences for consumers and improves efficiency businesses too. Businesses increasingly rely on AI powered tools for decision making, creativity, etc. As it becomes more and more involved with the society, it is essential for policy makers, industry leaders and the public to collaborate in ensuring responsible and ethical AI development.

Friendship

Samriddh Sah
X B

It is a beautiful word, isn't it? Personally, I believe it means much more than just helping each other out. I believe that being friends does not necessarily mean having to be around each other 24/7, but rather being there for each other at all times. We need to learn the difference. A true friend may not be the person you are with the most; they are the people who make the most of the time you share. It may not be the person you find the funniest, but rather the one who is always there when you need them.

As Muhammad Ali rightly said, and I quote:

"True friends are worth more than a mountain of gold, as gold is cold and lifeless. But true friends are a gift that can be neither measured nor sold..."
So, I think we should cherish the moments we still have with our friends, as we never know when they might end.

Insights and Reflections: Students Share Their Takeaways from the Headmaster's Assembly Talk

NEVER THINK OF THE RESULT FIRST

Once, there was a boy who lived in a village. He was excellent at playing football and had won several matches. When he received an opportunity to play at the national level, he became confused and began thinking about the outcome before focusing on the process. As the match began, he was unable to concentrate and ultimately lost the game.

Moral: Always focus on the process and not just the result.

– Vishal N, V B - Vindhya House

Importance of Parents in One's Life

Rishit Mishra
IX C



Imagine being stuck in a situation where you are alone, with no one to share or speak your thoughts. In those moments, the only people who come to mind are your parents. No matter the circumstances, we all long to be with our parents. Despite any challenges they may face themselves, parents stand by us steadfastly. Even their smallest gestures can change our perspective, helping us see problems in a more positive and hopeful light.

Often, we view our parents as mere providers, and we might think that showing them a 90% answer sheet is enough. Let's be honest: parents don't simply want us to achieve high marks. They find happiness in seeing our capabilities and hoping for a brighter future for us. Instead of living in a world where we only demand and then present our achievements, I urge you to spend quality time with them and make every moment count. They will be far happier knowing that we value their presence and love, rather than just material things.

Life is unpredictable. We cannot foresee whether our mother will be there the next day to comfort us during tough times or if our father will be there to motivate us before a crucial game. Cherish each day and make the most of your time with loved ones. They are the ones who guide and support us through life's challenges.

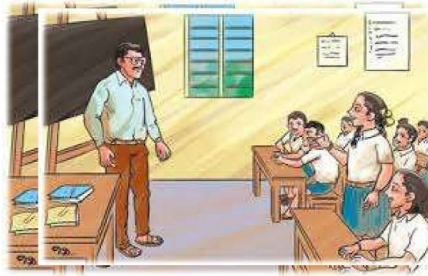
PROCESS AND RESULT

The relationship between process and result is crucial in any task or goal. The process refers to the steps and efforts involved in achieving something, while the result is the final outcome of that effort.

A well-executed process is often the key to a successful result. During the process, we learn, grow, and refine our skills, and the experience and knowledge gained are valuable in their own right.

In life, focusing solely on the result can lead to frustration if things don't go as planned. However, when we appreciate the process, we find value in the journey itself. Ultimately, both the process and the result are important, but it is the process that shapes us and leads to meaningful achievements.

– M. Liam, VC- Aravalli House



மண் எடுத்து சிலை வடிக்க
முயன்றேன்... முடியவில்லை-சரி
மரத்தாலாவது சிலை வடிப்போமென
முயன்றேன் முடியவில்லை...
ஓவியத்திலாவது சிலை வடிக்கலாமென
முயன்றேன் முடியவில்லை- அதெப்படி
பாறையைக் கூட அழகான
உயிருள்ள...குணமுள்ள...
மனமுள்ள...ஒழுக்கமுள்ள... சிலையாக
ஒருவரால் மட்டுமே முடிகிறது...
ஆம் கரடுமுரடான கல்லையும் நல்ல
பதுமையாக,காளையாக,
சமுதாயத்தில் உயரிய இடத்தில் நிற்க செய்வது
ஆசிரியர் எனும் அந்த சிற்பிதான்-என்னையும்
ஒரு மனிதனாக மாற்றியது என்
ஆசிரியர் தான்.....அவர்போன்ற
தன்னலமில்லா ஆசிரியர்களின்
பாதங்களை வணங்கி வாழ்த்துகிறோம்
இனிய ஆசிரியர் தின வாழ்த்துகள்...

இரா.சரவணன்

A HUMBLE MAN

Keanu Reeves is a professional actor. He was born in Beirut, Lebanon, and is of mixed heritage, but he is not Muslim. He was abandoned by his father at the age of 3. His dreams of playing hockey were shattered due to an accident. He starred in his first movie at the age of 21. He is a very humble person and donates money to charity for his own happiness. His fame waned for a time as he was not starring in any movies, but this changed after he starred in *John Wick*, which is considered one of the best action movies of our era. Sequels, *John Wick 2*, *John Wick 3*, and *John Wick 4*, followed.

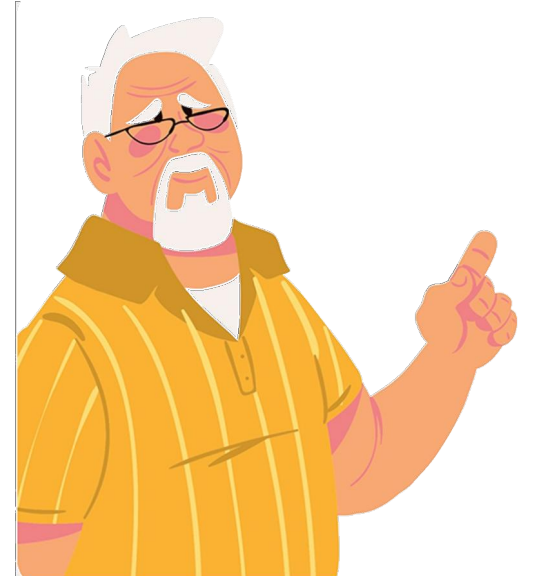
He was married at the age of 35, but his wife tragically died in a car accident 16 months later. Despite this, he remains an inspiration to all of us. He has substantial wealth and could buy anything on this planet, but all he wants is to wake up and be a good person every day. Instead of buying expensive things, we should all get inspired by him and strive to be good people, as wealth comes and goes, but character endures.

– Dhhananjay Jain, VIII A - Aravalli House

The proverb of the Month

"A steady hand may guide the future, but a curious mind will shape it"

The proverb highlights the importance of both stability and innovation in progress. A "steady hand" represents consistency, discipline, and reliability, which are necessary for navigating challenges and ensuring continuity. However, it suggests that while these qualities can guide us, true change and growth come from a "curious mind." Curiosity drives exploration, creativity, and new ideas, leading to breakthroughs and shaping the future in transformative ways. Essentially, it emphasizes the balance between maintaining control and embracing innovation to achieve progress.



The Boy Who Only Heard Bad

Khushvardhan
XII A

Once upon a time, a boy in class 8 was walking down the 67 steps. His name was Jay. He saw, from a distance, that many children were disturbing the plants. He ran over and said, "Do not spoil the plants!" They replied, "Yo, trash! Don't tell us what to do. We paid the same amount of money as you did." After hearing this, Jay walked away.

Soon, he came across a small cat. He hurried to the cat to give it some water and saved it from Ajay Sir's car. After saving the cat, it followed him. As he was tired, he sat down in the shade of a tree, where the cat climbed onto his lap. He said, "Why do people hate me so much and say bad things to me?" The cat heard him but did not understand. However, she began to meow. Soon, a few of her kittens came and sat down near him.

He tried to pet the cat and said, "Thank you for adding a happy moment to my day." A few of his friends then arrived and told him, "Go and pick up some trash and leave those cats alone, or they'll get rabies." The mother cat meowed, and the cats bit them all. Jay was surprised and laughed heartily.

Afterward, he lay on the grass and fell asleep. The cats, trying to protect him, covered him with grass. Jay dreamed that he saw Hanuman Ji. Hanuman Ji said, "You wanted happiness, so I sent this cat to you because people in this world don't understand that everyone has feelings and a heart, but they only know how to break it. But Jay, you proved that when you do something good, it comes back to you." After hearing this, Jay said, "Thank you for what you have given me."

He suddenly woke up, covered with grass. He cleaned himself and said, "Oh, mother of cats, I thank you for your love and time. I thank you for your help in finding happiness and kindness." The cat got up and extended her paws to him as if to acknowledge his thanks. Jay then had to go for lunch, so he said, "Goodbye."

After that, the cat could finally enter his dorm or class. He named the cat Laxmi. Soon, Jay felt that he had received the greatest gift of his life.

Being part of the First Guard is a memory that will stay with me forever. From day one, it was a journey full of ups and downs. We started as just "6th Guard," with a lot to prove, but through dedication and sheer hard work, we transformed into the best guard on parade—one of the finest this School has ever seen. We've come so far together.

Our days were filled with relentless practice, sweating under the sun, and even working into the night at times. I'll never forget Sagadevan's classic "height he nahi hai," which eventually turned into "beta, bohat acha kiya"—a testament to how much we grew and improved.

This experience has left an indelible mark on me, one I wish I could relive over and over again. But as with all good things, it must come to an end. However, there's one thing none of us guardmates will ever forget:

Marching with Legacy: Reflections on Leading the Founders' Day Parade"

Vidur Varshan
Head Boy

Leading the Parade on Founders' Day

As the 71st Headboy of The Lawrence School, Lovedale, it was a profound honor to serve as the parade commander for this year's Founders' Day. The significance of this role weighed heavily on me, filling me with a deep sense of pride, responsibility, and a renewed connection to the rich legacy of our school.

Preparing for this prestigious role was an experience that demanded meticulous planning, coordination, and unwavering dedication. Every step, every command, and every detail had to reflect the high standards that our School upholds. The journey to that day was one of personal growth, collaboration with my peers, and a true testament to the spirit of teamwork that thrives within our community.

On the day of the parade, the air was charged with excitement, and the vibrant energy of my fellow students filled the grounds. As I led the march, I felt a profound connection to the generations of students who had come before me, each one carrying forward the tradition with pride and honor. The responsibility to uphold this tradition was not just a duty but a privilege that deepened my sense of belonging and my commitment to our school's values.

This role has been more than just an opportunity to develop leadership skills; it has been a journey that has strengthened my understanding of the school's history, its cherished customs, and the values that bind us all together. Leading the parade on Founder's Day is a memory that will remain with me forever, reminding me of the incredible honor it is to be part of this enduring legacy.

Founder's Day

Jove Josef
IX A

Here comes Founder's Day,
Three joyful days on display,
Countless events unfold with glee,
Unmatched excitement for you and me!

From meeting parents and the gymkhana fun,
Filling our bellies until the day is done,
To the dazzling light band's grand display,
This is just the start of our celebratory sway.

On the second day, the thrill begins,
Students vs. OLS—let the excitement spin!
Exhibitions galore, from Art to Robotics too,
And as night falls, the school play comes into view.

Students bring English classics to life,
With performances that cut through like a knife,
Astonished, we retreat to our dorms with delight,
Prepared for the grand finale, shining bright.

The final day arrives, the grand parade,
Marching to the band's serenade,
The rhythm of the steps on the sand,
The endless beat of the marching band.

Then comes the kaleidoscope of cheer,
Events non-stop, from far and near,
From dance to orchestra, the shows are sweet,
And as the finale draws near, our hearts skip a beat.

The Beating Retreat, a sight so grand,
Rifles tossed by the Air Force band,
Formations precise as the melodies play,
Marching bands conclude the day.

Finally, it's time to bid goodbye,
With hearts full of joy and a wistful sigh,
Founder's Day ends with a heartfelt cheer,
Until next year, when it will reappear.

Electric Aviation: Pioneering a Greener Future

Vishal Pranav J. S.
IX C

Electric aviation is poised to transform the aviation industry by offering a cleaner, quieter alternative to traditional fossil-fuel-powered aircraft. This shift is driven by the urgent need to reduce carbon emissions and the environmental impact of air travel.

Key Advancements

Innovative Aircraft: Companies like Pipistrel, with its Alpha Electro, and Magnix, with the eCaravan, are making strides in electric flight. These aircraft demonstrate that electric aviation is moving from concept to reality.

Hybrid-Electric Models: Hybrid designs, such as Eviation Aircraft's Alice and the VoltAero Cassio, combine electric and conventional engines. This approach aims to enhance efficiency, reduce emissions, and extend operational range.

Urban Air Mobility: Electric Vertical Take-off and Landing (eVTOL) aircraft developed by companies like Joby Aviation and Volocopter are set to revolutionize urban transportation. These aircraft are designed for short, efficient trips within cities, potentially alleviating traffic congestion and improving urban mobility.

Challenges

Battery Technology: Current battery technology limits the range and payload capacity of electric aircraft. Significant advancements in energy density and battery performance are needed for widespread adoption.

Infrastructure: The development of charging stations and maintenance facilities is essential to support electric aviation.

Regulation and Safety: Meeting stringent safety standards and obtaining certifications for new technologies is a complex and lengthy process.

Cost: The high initial investment required for electric aircraft and supporting infrastructure presents a barrier, although long-term savings may offset these costs.

Despite these challenges, electric aviation holds promising benefits, including reduced emissions, lower operating costs, and enhanced aircraft efficiency. It could become a key component of a sustainable future for air travel.

First Guard

Aryan Vashista
XII A

When we think of the Founder's Day celebrations, one of the first things that comes to mind is our magnificent school band, and of course, our vibrant bugle band. Their dedication and strength were pivotal in making Founders' Day such a grand success. But it wasn't easy—every member of the bugle band worked relentlessly, day and night, perfecting each march, every roll, and every salute.

By the end of it all, though we were physically exhausted, our hearts were full and our spirits content, knowing we had lived up to our school's motto by giving it our all. The dedication and unity we displayed were clear in the final performance, as the young lads captivated everyone with their powerful melodies, making the Founders' Day ceremonies truly unforgettable.

Lieutenant General Dhiraj Seth AVSM Assumes the appointment of GOC - in Chief, Southern Command

Lieutenant General Dhiraj Seth, AVSM, assumed the prestigious appointment of General Officer Commanding-in-Chief of the South Western Army on 1st November 2023. In a solemn ceremony held at the Prerna Sthal in Jaipur Military Station, the General Officer paid homage to the martyrs, honouring their sacrifice and dedication as he took command. A notable highlight of Lieutenant General Seth's distinguished career is his educational journey.

He is a proud alumnus of The Lawrence School, Lovedale, from the class of 1983, becoming the first Old Lawrencian to rise to the rank of Army Commander – an important milestone for the esteemed institution.

Following his time at Lawrence School, Lt Gen Seth pursued his military education at the National Defence Academy (Khadakwasla) and the Indian Military Academy (Dehradun). His illustrious career includes several key assignments, such as commanding Skinner's Horse, one of the most renowned tank regiments of the Indian Army, an Armoured Brigade along the Western Front, a Counter Insurgency Force in Jammu and Kashmir, the Desert Strike Corps, and later, serving as the General Officer Commanding of Delhi Area. Lt Gen Seth has since been appointed as the Army Commander of Southern Army on 01 July 2024, the largest Command of the Indian Army. This prestigious appointment is a testament to his exceptional leadership and steadfast dedication to the nation.



Dr. Firdaus Hirji Adenwalla (OL Batch of 1983) Receives Marjory Warren Lifetime Achievement Award



The British Geriatrics Society (BGS) is delighted to announce that Dr. Firdaus Hirji Adenwalla has been awarded the Society's prestigious Marjory Warren Lifetime Achievement Award for 2024. Named in honor of the founder of modern geriatric medicine, Dr. Marjory Warren, the award is presented annually to someone who has made an outstanding contribution to the healthcare of older people.

Dr. Adenwalla, an alumnus of The Lawrence School, Lovedale, class of 1983, qualified in Mangalore, India, in 1989 before moving to Wales in 1998. In 2005, he was working at Neath Port Talbot Hospital within the Swansea Bay University Health Board when he collaborated with lead Advanced Nurse Practitioner Annette Davies to establish the Neath Port Talbot Acute Clinical Team. This team aimed to move beyond traditional domiciliary care and provide Hospital at Home services for adults, particularly those living with frailty—a service that was one of the first of its kind in the UK. Dr. Adenwalla and his team demonstrated that Hospital at Home services were a viable alternative to traditional hospital care. From the outset, the objective of the team was to provide timely, multidisciplinary care in the community. It was also one of the first to work with the ambulance service to accept patients directly from the 'call stack'. This achievement was recognized by the Bevan Commission as a 'Bevan Exemplar'. Their work with care homes during the COVID-19 pandemic won the BGS Eva Huggins Prize.

Pedaling Through Hidden Countrysides to the Top of the World: A 4176 km Journey from Italy to North Cape (My Northcape 4000 Journey)



From the charming streets of Rovereto, Italy, to the dramatic cliffs of North Cape, Norway, my 4176 km cycling adventure was a sweaty, exhilarating, and often mind-boggling journey through eight countries: Italy, Austria, Germany, Czech Republic, Denmark, Sweden, Finland, and Norway. Each day felt like a ride through a climate blender—starting with Mediterranean heat in Italy and ending with bone-chilling winds in Scandinavia. Thankfully, it didn't snow! By the time we crossed into Norway, spotting reindeer along the roadside became as common as seeing traffic lights back home.

Being self-supported added an extra layer of unpredictability. We had only a GPS route—the rest was left to chance. Where to eat? Where to sleep? Every day was a riddle we had to solve on the go, with food stops often spread 80 km apart. And then came the inevitable mechanical issues. What's an adventure without a little chaos? From snapping pedals at midnight to tires tearing open at the worst possible moments, our bikes seemed determined to keep life interesting.

One of the most notorious challenges was crossing what cyclists fondly (and fearfully) call the "Gate of Hell"—a 7 km tunnel under the ocean. It begins with a hair-raising 3 km descent at 9%, followed by an equally grueling 9% incline. Inside, the temperature dropped below 5°C, and the tunnel itself felt like another world—dark, cold, and seemingly endless. Emerging on the other side felt like conquering a personal epic.

The weather didn't make things easier. Arctic crosswinds threw me off my bike at one point, and there were headwinds so fierce they stopped me in my tracks, making some days feel like I was riding through glue.

Yet, for all the physical challenges, the camaraderie among cyclists was the highlight. My riding companion Felix and I quickly learned that on the road, every cyclist is family. Whether it was sharing water, spare parts, or just offering encouragement, the kindness of others was endless. 350 riders from across the world registered and a little over 200 completed the ride.

For more information you could visit www.northcape4000.com

The biggest lesson of the journey? The only real barrier to reaching our potential is ourselves. The road doesn't judge; it's up to us to decide how far we'll go. And with enough grit (and questionable caffeine concoctions), you can go much farther than you ever imagined.

District Collector Smt. Lakshmi Bhavya Tanneeru I.A.S Inspires the Students at The Lawrence School, Lovedale

On August 26, 2024, The Lawrence School, Lovedale, welcomed District Collector Smt. Lakshmi Bhavya Tanneeru I.A.S, who delivered an inspiring address to students and staff. Her visit, marked with a formal Guard of Honour, included reflections on her own boarding school experiences and praise for the School's balance of tradition and innovation. The Collector emphasized perseverance and the importance of education, engaging in a dynamic Q&A session with students. Her tour of the campus and admiration for the School's heritage underscored the potential for success through dedication, motivating students to consider careers in civil service.



Staff News

Colonel Kalyan Das joins The Lawrence School, Lovedale as Bursar



Colonel Kalyan Das, a seasoned professional with nearly three decades of distinguished service in the Indian Army, has recently assumed the role of Bursar at The Lawrence School, Lovedale. His military career is marked by significant achievements in training, human resource management, and administration, including a 50% improvement in training outcomes and the mentorship of over 500 personnel. Following his military service, Colonel Das played a key role as Director of Administration at Dr. Rajendra Gode Medical College and Hospital, where he established critical administrative infrastructure and Standard Operating Procedures (SOPs).

In addition to his military and administrative accomplishments, Colonel Das has held pivotal roles in government sectors, such as Prasar Bharati/Doordarshan, where he led large-scale automation and infrastructure projects. An alumnus of the Arun Jaitley National Institute of Financial Management and the University of Calcutta, with further qualifications from the Indian Institute of Foreign Trade and the University of California, Riverside, Colonel Das brings a wealth of experience and strategic vision to his new role at The Lawrence School.

Mrs. Bindu Dilip Assumes Role as Mistress-in-Charge of the Girls' School



Mrs. Bindu Dilip (M. Sc. M Phil B.Ed.) has taken on the esteemed position of Mistress-in-Charge of the Girls' School at The Lawrence School, Lovedale. With over 26 years of experience as a Mathematics teacher and 16 years as a Housemistress, Mrs. Bindu brings a wealth of knowledge, leadership, and dedication to her new role.

Mrs. Bindu's extensive experience in education, coupled with her time as a member of the School Management Committee, underscores her commitment to student development and school governance. Her teaching philosophy of making Mathematics accessible through real-life examples has consistently fostered a supportive and engaging learning environment.

A strict disciplinarian and an inspiring teacher, Mrs. Bindu is well-known for her ability to lead with compassion while maintaining high standards of excellence. We are confident that the Girls' School will continue to thrive under her guidance.

We wish Mrs. Bindu Dilip success in her new role and look forward to her continued positive impact on the students and the School community.

From The Archive

Never Give In

Sri Prakasa, India's first High Commissioner to Pakistan from 1947 to 1949 and later the Governor of Madras from 1952 to 1956 was the Chief Guest at the Ceremonial Parade held in our School on 16 July 1952.

What follows below is an excerpt from the Governor's address to the School on the occasion-

"...One thing that attracted me was your motto, "Never Give In". It made me think and took my mind back to your Founder, that great soldier SIR HENRY LAWRENCE. He and I would have had nothing in common five years ago, because at that time we were on opposite sides in a grim struggle for our country's freedom. Neither side would give in for a long time, but today all controversies are at an end and all hostilities forgotten and whether victor or vanquished, we can admire each other's virtues.

I cannot imagine what would have been the state of affairs in this country today if the people of India had not given in in 1857 when Sir Henry Lawrence marched on my home - State of Uttar Pradesh - or what would have happened if the British had not given in in our favour in 1947. We should have still continued our struggle. Therefore, I should like to add a 'rider' to your motto and say that after having put forward your best efforts in order to win your point of view or purpose you should give in when you feel that the other side has something in its favour..."

Source: 'The Lawrencian' dated 1 August 1952

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