



MENU

Date / Day	23-Jan-23	24-Jan-23	25-Jan-23	26-Jan-23	27-Jan-23	28-Jan-23	29-Jan-23
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B/fast	Milk/Ragi porridge	Milk/ porridge	Milk/Porridge	Milk/Chocos	Milk/porridge	Milk/Porridge	Coffee
	Bread/butter/jam	Bread/butter/jam	Multi grains bread/butter/jam	Bread/butter/jam	Brown bread/butter/jam	Bread/butter/jam	Masala dosa
	Semiya Upma	Uttapam	Pongal- Sambhar	Poha	Appam	Macaroni in red sauce	Sambhar
	Boiled Egg	Sambhar	Vada	Scrambled Egg	Veg Stew	Cheese Balls	Chutney
	Paneer Bhaji	Chutney	Omelets	Veg Cutlet		Masala Omelets	
M/M	Choco Cookies	Cup Cake & Tea	Pineapple Pastry & Tea	Veg Sandwich & Tea	Plum Cake & Coffee	Swiss Rolls & tea	
Lunch	Rice/Chapti	Veg clear soup	Rice/chapati	Rice/Chapati	Rice/chapti	Chapati	Tomato Rice
	Sambhar	Bruschetta	Dal Tadka	Sambhar	Dal fry	Kichadi	Curd rice
	Kovakai Poriyal	Tomato basil Pasta	Palak Paneer	Aloo Gobhi	Scrambled Egg Curry	Brinjal Bartha	Chutney
	Curd	French fry	Curd	Rasam	Veg in hot garlic sauce	Green Chutney	Salad
	Urad dal Vada	Choco lava cake	Rasam	Curd	Curd	Curd	Pappad
	Salad		Salad	Salad	Salad	Pappad	Fruit
	Fruits		Fruits	Fruit	Fruit	Fruit	
E/Snacks	Icing Bun & Tea	Aloo tikki chaat & Tea	Cocktail pizza & Tea	Puff & Coffee	Veg Rolls & Tea	Samosa & Tea	Jam Sandwich / coffee
Dinner	Rice/ Chapati	Rice/ Chapti	Lung fung soup	Rice/ Butter Naan	Rice	Chicken Biryani	Rice
	Mutton curry	Paneer Butter Masala	Veg Fried Rice	Chicken Butter Masala	Cholle	Veg Biryani	Veg Kothu Parotta
	Kadhai Paneer	Soya curry	Maggi	Paneer Tikka Masala	Bathure	Raitha	Chicken Kothu Parotta
	Mix Dhal	Rasam	Gobhi 65	Gatte ki sabji	Rasam	Brinjal Salana	Mix Dhal
	Rasam	Salad	Meat Balls	Rasam	Onion Salad	Matar Mushroom	Rasam
	Peda	Gulab jamun	Potato Wedges	Semiya Payasam	Ras Malai	Chicken Curry	Onion Saald
		Hot chocolate Milk	Home made chocolate			Brownie	Halwa