

# MENU

Date	04-Aug-25	05-Aug-25	06-Aug-25	07-Aug-25	08-Aug-25	09-Aug-25	10-Aug-25
Day	Mon	Tues	Wed	Thu	Fri	Sat	Sun
CHOTA							
Bun	Bun	Bun	Bun	Bun	Bun	Bun	
Beverage	Tea/ Flavoured Milk	Tea/ Flavoured Milk	Tea/ Flavoured Milk	Tea/ Flavoured Milk	Tea/ Flavoured Milk	Tea/ Flavoured Milk	
BREAKFAST							
Beverage	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Hot Milk/ Bournvita/Boost/ Coffee	Milk/Cold Coffee/ Tea
Cereals	Porridge	Porridge	Porridge	Chocos/ Cornflakes	Porridge	Tomato Oats	Variety Dosa - Sambhar
Bread	Toast/ White Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Fruit Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	
Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	
Main Dish	Upma	Uttapam	Pav / Veg Keema	Pongal	Beetroot Paratha	Poha	
2nd Veg Dish	Paneer Bhaji	Sambhar	Cheese Croquette	Sambhar	Aloo Masala	Bread Bhaji	
Egg/Sausages	Cheese Omelette		Omelette	Tomato Omelette		Fried Egg	
Sauce	Tomato Ketchup	Coconut Chutney	Chutney	Vada		Chutney	Coconut Chutney - Tomato Chutney
MID MORNING							
Fruit/Snacks	Cookies	Blueberry Fruit Cake	Banana Cake	Veg Sandwich	Plum Cake	Melting Moments	
Beverage	Ice Tea / Tea	Tang /Tea	Tang / Coffee	Tang /Tea	Tang / Coffee	Tang /Tea	
LUNCH							
Rice	Rice	Cream of Veg Soup	Mint Rice	Rice	Rice	Steamed Rice	Tomato Rice
Indian Bread	Whole Wheat Chapati	Garlic Bread	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Curd Rice
Pulses/ Dal	Sambhar	Spaghetti in Red Sauce	Lobia Dal	Rajma	Chana Dal	Sambar	
Veg/ paneer	Peerkangai Masala	French Fries	Butter Makhani Chaap	Aloo Gajar Matar Masala	Beans Thoran	Veg Korma	Chutney
Veg.2/ Conti	Vada		Aloo Simlamirch		Chilli Soya		
Non Veg/ Pepper Water	Rasam			Rasam	Egg Curry	Rasam	
Raita/	Curd		Raita	Curd	Curd / Rasam	Curd	
Salad	Garden Fresh Salad		Salad	Salad	Salad	Salad	Pappad
Pickle/ Chutney	Pickle / Pappad		Pickle / Pappad	Pickle	Pickle	Pickle/ Pappad	Pickle
Fruit/ Dessert	Fruit	Ice Cream	Fruit	Fruit	Fruit	Fruit	Fruit
EVENING SNACKS							
Snacks	Corn Roll	Chana Dal Vada / Chutney	Doughnut	Mushroom Puff	Batata Vada	Papdi Chaat	Tea Cake
Beverage	Tea	Tea	Tea	Coffee	Tea	Tea	Coffee
DINNER							
Soup			Lung Fung Soup				
Rice	Steamed Rice	Soya Pulao	Veg Fried Rice	Rice	Rice	Veg Biryani	Steamed Rice
Bread	Paratha	Whole Wheat Chapati		Lacha Paratah	Aloo Paratha		Whole Wheat Chapati
Pulses/ Dal/ Veg	Dal Fry	Moong Dal Fry	Top Ramen Curry Noodles	Dal Makhani	Peshawari Cholle	Matar Mushroom	Mix Dal
Veg/ paneer	Paneer Butter Masala	Palak Corn Mushroom	Chilli Paneer	Paneer Jalfrezi		Brinjal Salana	Veg Masala
2nd Veg/ N- Veg/ Conti		Masala Bhindi	Spring Roll		Boondi Raita	Chicken Biryani	
Non Veg	Chicken Butter Masala		Chilli Chicken	Afghani Chicken	Onion salad	Chicken Curry	Chicken Curry
Pepper Water	Rasam	Rasam		Rasam	Rasam	Raita	Rasam
Fruit/ Dessert	Coconut Burfi	Gulab Jamun	Home Made Chocolate	Semiya Payasam	Cheese Cake	Brownie	Bottle Guard Halwa
Milk		Hot Milk			Hot Milk		

\*\*\* Menu subject to change according to the availability of seasonal vegetable & raw material\*\*\*