

MENU

Date	16-Mar-26	17-Mar-26	18-Mar-26	19-Mar-26	20-Mar-26	21-Mar-26	22-Mar-26
Day	Mon	Tues	Wed	Thu	Fri	Sat	Sun
CHOTA							
Bun	Bun	Bun	Bun	Bun	Bun	Bun	
Beverage	Tea	Tea/ Flavoured Milk					
BREAKFAST							
Beverage	Hot Milk/ Bournvita/Boost/ Coffee	Milk/Milk Shack / Tea					
Cereals	Porridge	Porridge	Porridge	Chocos/ Cornflakes	Porridge	Millet	Masal Dosa - Sambhar
Bread	Toast/ White Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Fruit Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	Toast/ White Bread/ Brown Bread	Toast/ Oats Bread/ Brown Bread	
Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/ Butter	Mix Fruit Jam/Butter	Mix Fruit Jam/Butter	
Main Dish	Upma	Uttapam	Pav	Pongal- Sambhar	Idly	Poha	
2nd Veg Dish		Sambhar	Bhaji	Vada	Sambhar		
Egg/Sausages			Fried Egg	Omelette		Scrambled Eggs	
Sauce	Chutney	Chutney	Tomato Sauce	Tomato Sauce	Coconut Chutney	Tomato Chutney	Coconut Chutney - Tomato Chutney
MID MORNING							
Fruit/Snacks	Carrot Cake	Butterscotch Cup Cake	Cookies	Plum Cake	Coleslaw Sandwich	Black Forest Pastry	
Beverage	Ice Tea / Tea	Tang /Tea	Tang / Coffee	Tang /Tea	Tang / Coffee	Tang /Tea	
LUNCH							
Rice	Rice	Sweet Corn Soup	Rice	Plain Rice	Tomato Pulao	Rice	Pulao
Indian Bread	Whole Wheat Chapati	Garlic Bread	Whole Wheat Chapati	Whole Wheat Chapati	Multi Grain Chapati	Whole Wheat Chapati	Curd rice
Pulses/ Dal	Sambhar	Pasta is Bechamel sauce	Rajma	Lobia Dal	Mix Dal Fry	Sambhar	
Veg/ paneer	Veg Avial	French Fries	Mix Veg	Soya Chapp	Navratan Veg Korma	Lauki Tamatar	Kadhai Veg
Veg.2/ Conti				Kovakkai Poriyal			
Non Veg/ Pepper Water	Rasam		Rasam	Rasam		Rasam	
Raita/	Curd		Curd	Curd	Curd	Curd	
Salad	Garden Fresh Salad		Salad	Salad	Salad	Salad	Pappad
Pickle/ Chutney	Pickle		Pickle	Pickle	Pickle	Pickle	Pickle
Fruit/ Dessert	Fruit	Ice Cream	Fruit	Fruit	Fruit	Fruit	Fruit
EVENING SNACKS							
Snacks	Banana Bhaji	Peanut Sundal	Chocolate Croissant	Egg / Veg Puff	Icing Bun	Samosa	Jam Bread
Beverage	Coffee	Tea	Tea	Coffee	Tea	Tea	Coffee
DINNER							
Soup							
Rice	Steamed Rice	Masala Rice	Steamed Rice	Kashmari Pulao	Rice	Veg Biryani	Rice
Bread	Whole Wheat Chapati	Whole Wheat Chapati	Whole Wheat Chapati	Butter Naan	Aloo Paratha		Whole Wheat Chapati
Pulses/ Dal/ Veg	Mix Dal	Moong Dal Fry	Dal	Dal Makhani	Peshawari Cholle	Matar Mushroom	Dal Fry
Veg/ paneer	Paneer Kali Mirch	Paneer Butter Masala	Kadhai Pancer	Paneer Tikka Masala		Brinjal Salana	Malai Kofta
2nd Veg./ N-Veg/ Conti		Sauteed Broccoli		Gobhi 65	Boondi Raita		
Non Veg	Chicken Kalai mirch		Kadhai Chicken	Chicken Tikka Masala	Onion salad	Muttan Biryani	Chicken Rezala
Pepper Water	Rasam	Salad	Rasam	Rasam	Rasam	Raita	Salad
Fruit/ Dessert	Chocolate Peda	Gulab Jamun	Home Made Chocolate	Pineapple Keshari	Chese Cake	Brownie	Dal Payasam
Milk		Hot Milk			Hot Milk	Hot Milk	

*** Menu subject to change according to the availability of seasonal vegetable & raw material***