

THE LAWRENCE SCHOOL, LOVEDALE

CLASS 12 PSYCHOLOGY PROJECT (AISSCE) 2019

CASE PROFILE

Developing a case profile would primarily involve the use of qualitative techniques, such as observation, interview, survey; etc. During the course of preparing the same, the students would gain a first-hand experience in the use of these qualitative techniques. The main objective of a case profile is to understand the individual in totality. This would further help in establishing the cause and effect relationship more accurately. The students may prepare a case profile of an individual who has excelled in areas like sports, academics, music, etc., or having special needs like learning disability, autism, down's syndrome, etc. or those with interpersonal social problems, i.e., poor body image, obesity, temper tantrums, substance abuse, not getting along with the peers, withdrawn, etc. They may be encouraged to find out the background information and developmental history of the individual. The students are required to identify the method of enquiry, i.e., interview or observation that they would like to undertake to get complete information of the case. A case profile may be prepared based on the suggested format. The students are engaged to reflect on the causes (reasons) to draw some preliminary conclusions.

Instructions:

1. Project should be prepared in the A4 sheets.
2. It could contain pictures relating to the selected problems.
3. Projects should be handwritten.

Format for the Case Profile

1. **Introduction:** - A brief introduction of about one to two pages presenting the nature of the problem, its incidence, causes, and possible counselling outcomes. A half page (brief) summary of the case.
2. **Identification of Data**
 - a. Name (may be fictitious)
 - b. Diagnosed problem
 - c. Voluntary or Referral (i.e., by whom referred – such as teacher, parent, sibling, etc.,)
3. **Case History**
 - a. A paragraph giving age, gender, school, class, grade, etc.,
 - b. Information about socio economic status (SES), consisting of information about mother's / father's education and occupation,

- family income, house type, number of members in the family-
brothers, sisters, birth order, adjustment in the family etc.
- c. Information about physical health, physical characteristics (Height, weight), any disability/illness (in the past or present) etc.
 - d. Any professional help taken (past and present), giving a brief history of the problem, attitude towards counselling (indicating the motivation to seek help etc.
 - e. Recording Signs (i.e., what is observed in terms of facial expressions, mannerisms, etc.) and symptoms (i.e., what the subject reports, for e.g. fears, worries, tensions, sleeplessness, etc.)

4. Concluding Comments